

DAVID L. KATZ, MD, MPH, FACPM, FACP

CURRICULUM VITAE

Associate Professor, adjunct, Public Health Practice
 Director, Prevention Research Center
Yale University School of Public Health
Yale University School of Medicine

Founder & Director, Integrative Medicine Center at Griffin Hospital
 Founder & President, Turn the Tide Foundation, Inc.

www.davidkatzmd.com

BIRTH: February 20, 1963, Los Angeles, California

EDUCATION:

B.A. in French, 1984. Dartmouth College. Hanover, New Hampshire
M.D., 1988. Albert Einstein College of Medicine. Bronx, New York
M.P.H., 1993. Yale University School of Medicine. New Haven, CT
Fellow, 2001. American College of Preventive Medicine
Fellow, 2003. American College of Physicians

POST-GRADUATE TRAINING:

1988-1989 Internship in Internal Medicine. Norwalk Hospital. Norwalk, CT
 1989-1991 Residency in Internal Medicine. Norwalk Hospital. Norwalk, CT
 1991-1993 Residency in Preventive Medicine. Yale University School of Medicine.
 New Haven CT
 Sept 1995 Cardiovascular Disease Management Risk Factor Counseling workshop.
 American Heart Association. Invited Participant. Houston, TX
 April 1997 Comprehensive Obesity Management Faculty Development Conference.
 Knoll Pharmaceutical (sponsor). Invited Participant. Tucson, AZ

CAREER:

1991 - 1993 Attending Physician in Emergency Medicine
 St. Mary's Hospital Emergency Department
 Waterbury, CT
 1993 - 1996 Attending Physician in Internal Medicine
 Yale University Health Services
 New Haven, CT
 1993 - **Lecturer**-Yale University School of Medicine
 Department of Epidemiology and Public Health
 New Haven, CT
 1994 **Assistant Clinical Professor of Medicine**
 Yale University School of Medicine
 New Haven, CT

1996 - 2000 **Assistant Clinical Professor of Epidemiology and Public Health & Medicine**

HEADQUARTERS
 5005 Greenville Avenue
 Suite 150
 Dallas, TX 75206
 214.295.4626 tel
 214.432.5892 fax

75 Rockefeller Plaza
 18th Floor
 New York, NY 10019
 212.710.1049

David@HDReps.com
 HDReps.com

Yale University School of Medicine
New Haven, CT
1996 - 1999 **Associate Director**, Preventive Medicine Residency Program
Griffin Hospital
Derby, CT
1997 -2006 **Director of Medical Studies** (Public Health)
Yale University School of Medicine
New Haven, CT
1997- **Health Columnist**, *New Haven Register*, Valley Edition
1998- **Director**, Yale-Griffin Prevention Research Center (CDC funded; 5 year, nearly \$3million grant: 10/98)
1999-2000 **Director**, Preventive Medicine Residency Program, Griffin Hospital, Derby, CT
2000- **Founder & Director**, Integrative Medicine Center at Griffin Hospital, Derby, CT
2000-2006 **Associate Clinical Professor**, Epidemiology & Public Health, & Medicine
Yale University School of Medicine, New Haven, CT
2001- **Lecturer**, Yale School of Nursing
2002- Health Columnist, *New Haven Register*, All Editions
2002- **Nutrition Columnist**, 'O,' The Oprah Magazine
2003- Host, 'Healthy Living' Segment, WTNH New Haven *Your Weekend* Program
2005- **Health Columnist**, New York Times Syndicate
2005- 2007 Medical Contributor, ABC News
2006- **Associate Professor, adjunct, Public Health Practice**
Yale University School of Medicine
2006- Yale University Representative, Steering Committee, the Consortium of Academic Health Centers for Integrative Medicine
2006- **Consultant, National Governor's Association**
2006- **Director of Medical Programming**, Stepping Stone Spa & Wellness Center, Lyndon, VT
2007- President & Founder, Turn the Tide Foundation, Inc.

CERTIFICATES/LICENSURES:

1991 - Licensed Physician and Surgeon, State of Connecticut
1991 - Diplomate: American Board of Internal Medicine
1992 - Certified: Advanced Trauma Life Support, American College of Surgeons
1994 - Certified: Advanced Cardiopulmonary Life Support, American Heart Association
1997 - Diplomate: American Board of Preventive Medicine; General Preventive Medicine and Public Health
2001- Recertification, American Board of Internal Medicine (through 2011)

HONORS/AWARDS:

1981 National Merit Scholar Program, Finalist
1981-84 Daniel Webster Honorary Scholarship for Academic Achievement
Dartmouth College
1984 Magna Cum Laude - Dartmouth College
1984 Highest Departmental Honors, Department of French/Romance Languages
Dartmouth College
1993 Masters Degree awarded with Citation, Department of Epidemiology and Public Health, Yale University School of Medicine
1996 Ambulatory Care Teacher of the Year Award: Yale University School of Medicine
1997 Teaching Attending of the Year: Griffin Hospital, Derby, CT
1998 Physician of the Year, Griffin Hospital

2001 American College of Preventive Medicine, *Rising Star Award*
 2001 Who's Who in America
 2002 Pfizer, Inc. Health Literacy Research Initiative Award
 2002-2003 Listed in Marquis' "Who's Who in Medicine and Healthcare," 4th Edition
 2003 Consumers' Research Council of America, "America's Top Physicians, 2003"
 2003 Healthy U (Salisbury, MD) Award for Excellence, 2003 for '*The Way to Eat*'
 2004-2005 America's Top Physicians, Preventive Medicine: Consumers' Research Council of America
 2007 Ricketts Award, Community Hospital of the Monterey Peninsula, Monterey, CA
 2007 Dorothy Epstein Nutrition Fellow, Hunter College in *The City University of New York*, New York, NY
 2008 Marquis Who's Who in America
 2008 Nominee, 2008 McLaughlin-Gallie Visiting Professorship
 2008 "2008 Dream Maker Award" for the Greater New Haven Chapter, Juvenile Diabetes Research Foundation International
 2008 "Shape Up RI", National Leadership Award, Obesity Prevention and Education 2008, Providence, RI
 2009 Distinguished Service Award, Association of Yale Alumni in Public Health

ORGANIZATIONS/APPOINTMENTS/HONORS:

1989 - Member, New York Academy of Sciences
 1993 - Member, American College of Physicians
 1994 - Member, Society for Epidemiologic Research
 1994 - Member, American Public Health Association
 1995 - Member, American Society for Clinical Nutrition
 1997 - Member, New Haven County Medical Society
 1997- Member, Association of Teachers of Preventive Medicine
 1997- Member, American College of Preventive Medicine
 1997- Member, the Society of Behavioral Medicine
 1998- Member, Legislative Task Force on Graduate Medical Education; Connecticut General Assembly
 1999- Member, American College of Nutrition
 2000- Member, Advisory Committee, Yale University, Pfeiffer foundation grant to support student clinical research in healthcare problems of underserved communities and populations
 2000- Vice-chair, planning committee, American College of Preventive Medicine Annual Meeting, 2001
 2001- Member, North American Association for the Study of Obesity
 2001-2002 **Chair**, Planning Committee, American College of Preventive Medicine Annual Meeting
 2001- **Chair**, Education Committee, Association of Teachers of Preventive Medicine
 2001- **Fellow**, American College of Preventive Medicine (FACPM)
 2001- **Chair**, Prevention Practice Committee, American College of Preventive Medicine
 2001- Member; Editorial Advisory Board, *Arbor Clinical Nutrition Updates*
 2002- Northeast Regent (Board Member), American College of Preventive Medicine (elected position)
 2002- Board Member, Association of Teachers of Preventive Medicine (elected position)
 2002- Member, Behavioral Sciences Committee Writing Group, United States Medical

Licensing Examination (Step 1)

2002- **Chair**, Adolescent Health Committee, American College of Preventive Medicine

2003- **Co-Chair** Planning Committee, 18th National Conference on Chronic Disease Prevention and Control

2003- **Fellow**, American College of Physicians (FACP)

2004- Member; Editorial Advisory Board, Alternative Medicine Magazine

2004- **Fellow**, North American Association for the Study of Obesity

2004- Member, Editorial Advisory Board, American Journal of Preventive Medicine

2004- Member, Editorial Advisory Board, Health Magazine

2004- Member, Editorial Advisory Board, "O" Magazine

2004- Member, Editorial Advisory Board, Men's Health Magazine

2004- Member, Editorial Advisory Board, Sly Magazine

2004- Member, Expert Panel on Overweight/Obesity, Association of American Medical Colleges (AAMC)

2006- Member and Yale University Representative, Steering Committee, Consortium of Academic Health Centers in Integrative Medicine

2007 Member, Editorial Advisory Board, Prevention Magazine

2007- Member, 2007 Strategic Plan Advisory Group, National Heart, Lung, & Blood Institute

2007- Member, Medical Advisory Board, National Fibromyalgia Association

2007- Consultant, Anian Advisors; Reuters, Inc.

TEACHING – COURSES (*REPRESENTATIVE LIST*):

Course Director: Clinical Concepts in Public Health: Dept. of Epidemiology and Public Health.
Yale University School of Medicine HPA516a Fall, 1992-present

Course Director; Lecture Series in Human Nutrition
Yale University School of Medicine: 1996-present

Instructor (seminar): EPH 501: Biostatistics for Medical Students
Yale University School of Medicine. Winter, 1993-2001

Course Director: EPH 501: Biostatistics for Medical Students
Yale University School of Medicine. 1997-2001

Course Director: EPH 500: Medicine, Society and Public Health
Yale University School of Medicine. 1997-present

Course Director: Preventive Medicine Lecture Series
Yale University School of Medicine. 1997-present

Course Director: Preventive Medicine Lecture Series
Griffin Hospital, Derby, CT. 1996-2000

Course Director, HPA612: Interface of Health Policy and Clinical Decision Making
Yale University School of Public Health. 1997-present

Course Director, Clinical Epidemiology Faculty Development Lecture Series
Griffin Hospital, 1998-2000

Course Director, N507: Human Nutrition, Yale School of Nursing, 2001-present

OTHER TEACHING (*REPRESENTATIVE LIST*):

Numerous invited lectures to medical students; public health students; nursing students; and undergraduates,
Yale University

Clinical preceptor to 3rd and 4th year medical students, Yale School of Medicine

Thesis advisor to numerous MD, MPH, and PA candidates; Yale University School of Medicine

Grand rounds and teaching rounds at Yale affiliated hospitals

Chair, Thesis Evaluation Committee, Yale School of Medicine, Dept. of Epidemiology and Public Health

PUBLICATIONS:

• Books

Katz DL. Nutrition in Clinical Practice 2nd Edition. Lippincott-Williams & Wilkins. Philadelphia, PA. 2008

Jekel JF, **Katz DL**, Elmore JG, Wild DMG. Epidemiology, Biostatistics, and Preventive Medicine. 3rd edition. Saunders, Elsevier Inc. Philadelphia, PA. 2007

Katz DL, Katz CS. Flavor Point Diet. Rodale Publishers. New York, NY. 2005

Gordon DL, **Katz DL**. Stealth Health : How to Sneak Age-Defying, Disease-Fighting Habits into your Life Without Really Trying. Readers Digest. Pleasantville, NY. 2005

Katz DL, Gordon D. Cut Your Cholesterol. Readers Digest. Pleasantville, NY. 2003

Katz DL, with Gonzalez M. The Way to Eat. Sourcebooks, Inc. (in Cooperation with the American Dietetic Association). Naperville, IL. 2002

Katz DL. Clinical Epidemiology & Evidence-based Medicine. Fundamental Principles of Clinical Reasoning & Research. Sage Publications, Inc. Thousand Oaks, CA. 2001

Jekel JF, **Katz DL**, Elmore JG. Epidemiology, Biostatistics, and Preventive Medicine. 2nd edition. Harcourt Health Sciences. Philadelphia, PA. 2001

Katz DL. Nutrition in Clinical Practice. Lippincott-Williams & Wilkins. Philadelphia, PA. 2000

Jekel JF, in collaboration with Elmore JG and **Katz DL**. Epidemiology, Biostatistics and Preventive Medicine.

W.B. Saunders Co., Philadelphia PA. 1996

- Translated into Portuguese: 1999

- Translated into Italian: 1996

Katz DL. Epidemiology, Biostatistics and Preventive Medicine Review. W.B. Saunders Co. Philadelphia PA. 1997.

- Translated into Portuguese: 2001

• **Articles/Chapters**

Katz DL. Plant Foods in the American Diet? As We Sow...Medscape J Med. 2009;11(1):25.

Katz DL, Ali, A. Preventive Medicine, Integrative Medicine & The Health Of The Public. Report for IOM Summit on Integrative Medicine and the Health of the Public; February, 2009. <http://www.iom.edu/Object.File/Master/62/376/Preventive%20Medicine,%20Integrative%20Medicine,%20and%20the%20Health%20of%20the%20Public.pdf>

Katz DL. School Based Interventions for Health Promotion & Weight Control: Not Just Waiting on the World to Change. *Annual Review of Public Health* 2009; 30:11.1–11.20.

Katz DL, O'Connell M, Yanchou Njike V, Yeh M-C, Nawaz H Strategies for the prevention & control of obesity in the school setting - systematic review and meta-analysis. *International Journal of Obesity* 2008;32:1780–1789.

Bier D, Derelian D, German JB, **Katz DL**, Pate RR, Thompson KM. Improving compliance with dietary recommendations: time for new, inventive approaches? *Nutrition Today* 2008;43(5):180-187.

Faridi Z, Njike V, Dutta S, Ali Ather, **Katz DL**. Acute dark chocolate and cocoa ingestion and endothelial function: A randomized, placebo controlled, cross-over trial. *Am J Clin Nutr.* 2008 Jul;88(1):58-63.

Shuval K, Weisblueth E, Brezis M, Araida A, Faridi Z, Ali A, **Katz DL**. The Role of Culture, Environment, and Religion in the Promotion of Physical Activity among Arab Israelis. *Prev Chronic Dis.* 2008 Jul;5(3):A88. Epub 2008 Jun 15.

Faridi Z, Liberti L, Shuval K, Northrup V, Ali A, **Katz DL**. Evaluating the impact of mobile-telephone technology on type 2 diabetic patients' self-management: The NICHE pilot study. *Journal of Evaluation in Clinical Practice.* 2008 Mar 24; [Epub ahead of print].

Katz DL, Shuval K, Comerford BP, Faridi Z, Yanchou Njike V. Impact of an educational intervention on internal medicine residents' physical activity counselling: the Pressure System Model. *Journal of Evaluation in Clinical Practice.* 2008 April; 14(2), 294–299

Yeh M, Ickes SB, Lowenstein LM, Shuval K, Ammerman AS, Farris R, and **Katz DL**. Understanding barriers and facilitators of fruit and vegetable consumption among a diverse multi-ethnic population in the United States. *Health Promotion International.* 2008 Mar;23(1):42-51. Epub 2008 Jan 8.

Katz D, Nordwell B. **Novel Interactive Cell-Phone Technology for Health Enhancement.** *Journal of Diabetes Science and Technology.* 2008; 2(1): 148-153.

Katz DL. Medicine and Media: State of the Union? *American Journal of Preventive Medicine.* 2008 Jan;34(1):83-4.

Katz DL, Faridi Z. Chapter 17: Public Health Approaches to the Control of Pediatric and Adolescent Obesity (pp. 251-271). In O'Donoghue WT, Moore BA, Scott BJ (Eds.) **Handbook of Pediatric and Adolescent Obesity Treatment.** Taylor and Francis. New York, NY. 1/08.

Katz, DL, Evans M, Hoxley M, Njike V, Nawaz N, Comerford B, Sarrel P. **Raloxifene, Soy Phytoestrogens and Endothelial Function in Postmenopausal Women: A Randomized, Placebo-**

Controlled Crossover Trial. *Climacteric.* Dec 2007; 10:6, 500 – 507.

Katz DL, Faridi Z. Health care system approaches to obesity prevention and control. Chapter 14, in Kumanyika S, Brownson RC. (Eds). *Handbook of Obesity Prevention.* New York: Springer Publishing Co, 2007, pp. 285-316.

Katz, D. Clinical epidemiology. In S. Boslaugh (Ed.), *Encyclopedia of Epidemiology* (pp. 192-201). Thousand Oaks, CA: Sage Publications.

Katz DL, O'Connell M, Yanchou Njike V, Yeh M-C, Nawaz H. **Strategies for Prevention & Control of Obesity in the School Setting Systematic Review and Meta-Analysis** *International Journal of Obesity* advance online publication 31 July 2007; doi: 10.1038/sj.ijo.0803684
<http://www.nature.com/ijo/journal/vaop/ncurrent/full/0803684a.html>

Katz DL. Low-fat Dietary Pattern and Risk of Cardiovascular Disease: The Women's Health Initiative Randomized Controlled Dietary Modification Trial. *Current Cardiovascular Risk Reports.* 2007;1(1):5-8.

Lederman J, Ballard J, Njike VY, Margolies L, **Katz DL.** Information given to postmenopausal women on coronary computed tomography may influence cardiac risk reduction efforts. *J. Clin Epidemiol.* 2007 Apr;60(4):389-96.

Katz DL, Greene L, Ali A, Faridi Z. The pain of fibromyalgia syndrome is due to muscle hypoperfusion induced by regional vasomotor dysregulation. *Med Hypotheses.* 2007; 69: 517-525.

Katz DL. Obesity...be Dammed! What it will take to turn the tide. *Harvard Health Policy Rev.* 2006; 7:135-151
Katz DL. Point of View: Fat of the Land. *Dartmouth Medicine.* 2006 Winter: 26.

Perlman AI, Sabina A, Williams A, Yanchou Njike V, **Katz DL.** Massage Therapy for Osteoarthritis of the Knee: A Randomized Controlled Trial. *Archives of Internal Medicine.* 2006 Dec 11-25;166(22):2533-8.

Katz DL. Obesity...be Dammed! What it will take to turn the tide. *Harvard Health Policy Rev.* 2006; 7:135-151

O'Connell M, Comerford B, Wall H, **Katz DL.** Impediment Profiling for Smoking Cessation: Application in the Worksite. *American Journal of Health Promotion.* 2006 Nov-Dec;21(2):97-100.

Nawaz H, Comerford B, Yanchou Njike V, Dhond A, Plavec M, **Katz DL.** Stability of the Total Cholesterol: HDL Ratio in the Peri-Hospitalization Period. *American Journal of Cardiology.* 2006 Nov 15;98(10):1379-82. Epub 2006 Sep 28.

Katz DL. Chewing on the Food Chain. *Science.* 2006 November; 314: 762-763.

Lucan S, **Katz DL.** Factors associated with smoking cessation counseling at clinical encounters: the Behavioral Risk Factor Surveillance System (BRFSS) 2000. *American Journal of Health Promotion.* 2006 Sep-Oct;21(1):16-23.

Evans M, Yanchou Njike V, Hoxley M, Pearson M, **Katz DL.** Effect of soy isoflavone protein and soy lecithin on endothelial function in healthy postmenopausal women. *Menopause.* 2006 Sep 26; [Epub ahead of print]

Williams AL, **Katz D**, Ali A, Girard C, Goodman J, Bell I. Do essential fatty acids have a role in the treatment of depression? *J Affect Disord*. 2006 Jul;93(1-3):117-23. Epub 2006 May 2.

Goff SL, Foody JM, Inzucchi S, **Katz DL**, Mayne S, Krumholz H. BRIEF REPORT: nutrition and weight loss information in a popular diet book: is it fact, fiction, or something in between? *Journal of General Internal Medicine*. 2006 Jul;21(7):769-74.

Yeh M-D, **Katz DL**. Food, Nutrition and the Health of Urban Populations. In: Freudenberg N, Galea S, and Vlahov D (ed). *Cities and the Health of the Public*. Vanderbilt University Press. Nashville, TN. 2006. pp. 106-125.

Hartwig KA, Dunville RL, Kim MH, Levy B, Zaharek MM, Yanchou Njike V, **Katz DL**. Promoting Healthy People 2010 through Small Grants. *Health Promot Pract*. 2006 June (Epub ahead of print).

Hartwig KA, Bobbitt-Cooke M, Zaharek MM, Nappi S, Wykoff RF, **Katz DL**. The Value of Microgrants for Community-based Health Promotion: Two Models for Practice and Policy. *J Public Health Manag Pract*. 2006 January/February;12(1):90-96.

Katz DL, O'Connell M, Yeh MC, Nawaz H, Njike V, Anderson LM, Cory S, Dietz W; Task Force on Community Preventive Services. Public health strategies for preventing and controlling overweight and obesity in school and worksite settings: a report on recommendations of the Task Force on Community Preventive Services. *MMWR Recomm Rep*. 2005 Oct 7;54(RR-10):1-12. Review.

Williams A, Selwyn PA, Liberti L, Molde S, Yanchou Njike V, McCorkle R, Zelterman D, **Katz DL**. A Randomized Controlled Trial of Meditation and Massage Effects on Quality of Life in People with Late-Stage Disease: A Pilot Study. *Journal of Palliative Medicine*. Oct 2005, 8(5): 939-952.

Jacobs J, Williams AL, Girard C, Njike VY, **Katz D**. Homeopathy for attention-deficit/ hyperactivity disorder: a pilot randomized-controlled trial. *J Altern Complement Med*. 2005 Oct;11(5):799-806.

Jacobson DM, Strohecker L, Compton MT, **Katz DL**. Physical Activity Counseling in the Adult Primary Care Setting. *Am J Prev Med*. 2005;29(2): 158-162.

Katz DL. Take Heart. In: Sellers R (ed). *Fifty Things to Do When You Turn Fifty*. Ronnie Sellers Productions, Inc. Portland, ME. 2005. pp. 104-109.

Williams A, Girard C, Jui D, Sabina A, **Katz DL**. S-adenosylmethionine (SAME) as treatment for depression: a systematic review. *Clin Invest Med*. 2005 Jun;28(3):132-9.

Williams A, Cotter A, Sabina A, Girard C, Goodman J, **Katz DL**. The role for vitamin B-6 as treatment for depression: a systematic review. *Fam Pract*. 2005 Jun 17; [Epub ahead of print].

Katz DL, Sabina A, Williams AL, Alonzo HK, Bansal S, Chupp G. Yoga intervention for adults with mild-to-moderate asthma: a pilot study. *Ann Allergy Asthma Immunol*. 2005 May;94(5):543-8.

Greci L, **Katz DL**, Jekel JJ. Vaccinations in pneumonia (VIP): pneumococcal and influenza vaccination patterns among patients hospitalized for pneumonia. *Prev Med*. 2005 Apr;40(4):384-8.

Webb KE, Horton NJ, **Katz DL**. Parental IQ and cognitive development of malnourished Indonesian children. *European Journal of Clinical Nutrition*. 2005 Apr;59(4):618-20.

Katz DL, Evans M, Nawaz H, Njike V, Chan W, Comerford B, Hoxley M. Egg consumption & endothelial function in healthy adults: A randomized controlled crossover trial. *International Journal of*

Cardiology. 2005 Mar; 99(1): 65-70.

Katz DL, Evans M, Chan W, Nawaz H, Comerford B, Hoxley M, Njike V, Sarrel P. Oats, antioxidants and endothelial function in adults with features of insulin resistance. *J Am Coll Nutr*. 2004 Oct;23(5):397-403.

Katz DL. Life Style And Dietary Modification For Prevention Of Heart Failure. *Medical Clinics of North America*. 2004; 88(5): 1295-1320.

Katz DL. Competing Dietary Claims for Weight Loss: Finding the Forest Through Truculent Trees. *Annual Review of Public Health*. 2004 Aug 20; [Epub ahead of print]

Katz DL. Competing Dietary Claims for Weight Loss: Finding the Forest Through Truculent Trees. *Annual Review of Public Health*. August 2004. Available from: URL: <http://arjournals.annualreviews.org/doi/abs/10.1146/annurev.publhealth.26.021304.144415>.

Martin C, Njike V, **Katz DL**. Back-up Antibiotic Prescriptions Could Reduce Unnecessary Antibiotic Use in Rhinosinusitis. *Journal of Clinical Epidemiology*. April 2004; 57(4): 429-434.

Katz DL. Acting in defense of the medical literature. *MedGenMed*. 2004 Mar 24;6(1):38.

Katz, DL. Fiddling (with fats and carbohydrates) while Rome burns. *Evidence Based Integrative Medicine*. 2004; 1(1): 3.

Katz DL. A glimpse of things to come: featured abstracts from the 18th National Conference on Chronic Disease Prevention and Control: . Preventing Chronic Disease 2004. Available from: URL: http://www.cdc.gov/pcd/issues/2004/apr/04_0002.htm.

Katz DL. Acting in defense of the medical literature. *Medscape General Medicine* 6(1), 2004. Available from: URL: <http://www.medscape.com/viewarticle/470713>.

O'Connell M, Jennings G, Greci L, **Katz DL**, Freeman M, Manta I. Smoking Cessation for High School Students: Process Evaluation of a Tailored Program – Amity. *Behavior Modification*. 2004 Jan; 28(1): 133-46.

Katz, DL. Representing your community in community-based participatory research: differences made and measured. *Prev Chronic Dis*. 2004 Jan;1(1):A12.

Katz DL. Representing your community in community-based participatory research: differences made and measured. Preventing Chronic Disease [serial online] 2004. Available from: URL: http://www.cdc.gov/pcd/issues/2004/jan/03_0024.htm

Katz DL. The Threat Of Childhood Obesity: Time To Stop Fiddling Around. *School of the 21st Century Newsletter*. Fall, 2003: 1,7.

Katz DL, Behrman A, Girard C, Adelson H, Schiller-Liberti L, Williams A. Teaching evidence-based integrative medicine: description of a model programme. *Evidence Based Integrative Medicine*. 2003; 1(1): 77-82.

Yeh MC, Rodriguez E, Nawaz H, Gonzalez M, Nakamoto D, **Katz DL**. Technical Skills for Weight Loss: Two-year follow-up results of a randomized trial. *International Journal of Obesity*. 2003 Dec; 27(12): 1500-6.

Katz DL. Pandemic Obesity & The Contagion Of Nutritional Nonsense. *Public Health Reviews*. 2003; 31:33-44.

Wild D, Nawaz H, Chan W, **Katz DL**. Effects of interdisciplinary rounds on length of stay in a telemetry unit. *J Public Health Management Practice*. 2004; 10(1):69-75.

Katz DL. Pedagogical Pathways to Competency in Non-Conventional Medical Practices. *Fundación Medicina y Humanidades Médicas*. 2003; 2:77.

Katz DL. Integrating Complementary & Alternative Practices into Conventional Care. In: Putting Patients First: Designing and Practicing Patient-Centered Care. San Francisco, CA: Jossey-Bass Publishers, Inc; 2003. p. 147-161.

Katz DL, Boukhalil J, Lucan S, Shah D, Chan W, Yeh M.C., Impediment Profiling for Smoking Cessation: Preliminary Experience. *Behavior Modification*. 2003; 27(4):524-537.

Katz DL. Maintaining a Healthy Weight. *Personal Excellence*. January 2003.

Katz DL, Williams A, Girard C, Goodman J, Comerford B, Behrman A, Bracken M. Evidence Mapping: Introduction of Methods with Application to Complementary and Alternative Medicine Research, *Alternative Therapies In Health and Medicine*, 2003 July/August, 9(4): 22-30.

O'Connell M, Lucan SC, Yeh MC, Rodriguez E, Shah D, Chan W, **Katz DL**. Impediment Profiling for Smoking Cessation: Results of a Pilot Study, *American Journal of Health Promotion*, 2003 May/June, 17(5): 300-3

Greci LS, Kailasam M, Malkani S, **Katz DL**, Hulinsky I, Ahmadi R, Nawaz H. Utility of HbA(1c) Levels for Diabetes Case Finding in Hospitalized Patients With Hyperglycemia. *Diabetes Care*, 2003; 26(4):1064-8

Pagano-Therrien J, **Katz DL**. The Low-Down on Low-Carbohydrate Diets: Responding to Your Patients' Enthusiasm. *The Nurse Practitioner*, 2003; 28(3):5, 14.

Katz DL, Webb K, Yeh M-C. Nutrition, Childhood. In: Gulotta TP, Bloom M, editors. Encyclopedia of Primary Prevention and Health Promotion. New York, NY: Kluwer Academic/Plenum Publishers; 2003. p. 721-29.

Katz DL, Yeh M-C, Webb K. Nutrition, Early Childhood. In: Gulotta TP, Bloom M, editors. Encyclopedia of Primary Prevention and Health Promotion. New York, NY: Kluwer Academic/Plenum Publishers; 2003. p. 713-20.

Sarrel PM, Nawaz H, Chan W, Fuchs M, **Katz DL**. Raloxifene and endothelial function in healthy postmenopausal women. *Am J Obstet Gynecol* 2003;188(2):304-9.

Katz DL, Nawaz H, Evans MA, Njike VY, Comerford BP, Hoxley ML. Short-term egg consumption does not adversely affect endothelial function in healthy adults. [abstract] *JADA* 2002;102 (Supplement):A-12.

Katz, DL. Effective Dietary Counseling: Helping Patients Find and Follow “The Way” to Eat. *The West Virginia Medical Journal*, 2002;98:173-176.

Katz DL, Lane DS. Guidance at the Many Edges of Evidence: Position Statements of the American College of Preventive Medicine (commentary). *Am J Prev Med* 2002 Nov;23(4):312-3.

Katz DL, Chan W, Gonzalez M, Larson D, Nawaz H, Abdulrahman M, Yeh MC. Technical skills for weight loss: preliminary data from a randomized trial. *Prev Med.* 2002;34:608-15.

Katz DL, Nawaz, H, Boukhalil J, Chan W, Ahmadi R, Giannamore V, and Sarrel P. Effects of Oat and Wheat Cereals on Endothelial Responses. *Prev Med.* 2001; 33(6); 476-484.

Hu K.K., Maung C., and **Katz DL**. Clinical Diagnosis of Malaria On The Thai-Myanmar Border. *Yale J Biol Med* 74(5):303-308, 2001.

Madi AM, Greci LS, Nawaz H, **Katz DL**. The activated partial thromboplastin time in early diagnosis of myocardial infarction. *Blood Coagul Fibrinolysis.* 2001;12:495-9.

Nawaz H, Rahman M, Graham D, Jekel J, **Katz DL**. Health Risk Behaviors and Health Perceptions in the Peruvian Amazon. *American Journal Of Tropical Medicine And Hygiene.* 2001;65(3):252-256.

Merrell GA, Barrie KA, **Katz DL**, Wolfe SW. Results of nerve transfer techniques for restoration of shoulder and elbow function in the context of a meta-analysis of the English literature. *J Hand Surg [Am]* 2001 Mar;26(2):303-14

Nawaz, H, **Katz DL**. Weight Management Counseling by Physicians, American College of Preventive Medicine Practice Policy. *Am J Prev Med.* 2001; 21(1):73-78.

Nawaz H, Chan W, Abdulrahman M, Larson D, **Katz DL**. Self-Reported Weight And Height: Implications For Obesity Research. *Am J Prev Med.* 2001;20(4):294-298.

Eliaszadeh P, Boukhalil J, Nawaz H, **Katz DL**. Case management for congestive heart failure: cost benefit analysis of a community hospital program. *Disease Management.* 2001;4(1):25-32.

Katz DL, Nawaz H, Boukhalil J, Giannamore V, Chan W, Ahmadi R, Sarrel P. Acute Effects of Oats and Vitamin E on Endothelial Responses to Ingested Fat. *Am J Prev Med.* 2001;20(2):124-129.

Katz DL. Behavior Modification in Primary Care: The Pressure System Model. *Preventive Medicine,* 2001;32:66-72.

Katz DL, Nawaz H, Jennings G, Chan W, Ballard J, Comerford B, Spargo K, Walsh J. Community Health Promotion and the Randomized, Controlled Trial: Approaches to Finding Common Ground. *Journal of Public Health Management and Practice.* 2001; 7(2);33-40.

Nawaz H, Adams M, **Katz, DL**. Physician-Patient Interactions Regarding Diet, Exercise and Smoking. *Preventive Medicine*. 2000;31(6): 652-657.

Nawaz H, Smith DS, Mazhari R, **Katz DL**. Concordance of Clinical Findings and Clinical Judgment in the Diagnosis of Streptococcal Pharyngitis. *Academic Emergency Medicine*. 2000: 7(10), 1104-1109.

Madi A, Plavec M, Nawaz H, **Katz DL**. Peri-Operative Aspirin Can Prevent Post-Operative Ischemia And Thrombosis. *Medical Hypotheses*, 2000;55(2):164-167.

Katz DL, Nawaz H, Ahmadi R, DeLuca V, Cashman S, Fulmer H, Jekel JF. An Integrated Residency in Internal and Preventive Medicine. *Academic Medicine*. 2000;75(1):41-49.

Katz DL, Mazhari R, Kalus R, Nawaz H. Preventable In-Patient Time: Adequacy of the Electronic Patient Information System. *Am J Public Health*. 1999;89(12):1885-89.

Nawaz H, **Katz DL**. American College of Preventive Medicine Position Statement on Post-Menopausal Hormone Replacement Therapy. *Am J Prev Med*. 1999;17(3):250-4.

Nawaz H, Adams M, **Katz DL**. Weight Loss Counseling by Health Care Providers. *Am J Public Health*. 1999;89:764-767.

Carter M, **Katz DL**, Haque S, DeLuca VA. Does acid suppression by antacids and H2 receptor antagonists increase the incidence of atrophic gastritis in patients with or without H. pylori gastritis? *J Clin Gastroenterol* 1999;29(2):183-7

DeLuca VA, West AB, Haque S, **Katz DL**, Ciarolla D, Goldenberg S, Fette G. Long-term Symptom Patterns, Endoscopic Findings and Gastric Histology in H. Pylori Infected and Uninfected Patients. *J Clin Gastroenterol*. 1998;26:106-112

Hayslett JP, **Katz DL**, Knudson J. Dilutional hyponatremia in pre-eclampsia. *Am J Obstet Gynecol*, 1998;179:1312-1316.

Katz DL, Brunner RL, St. Jeor ST, Scott B, Jekel JF, Brownell KD. Dietary Fat Consumption in a Cohort of American Adults, 1985-1991: Secular Trends and Covariates. *Am J Health Promot*. 1998;12:382-390

Katz DL, Zheng T, Holford T, Flannery J. Time Trends in the Incidence of Renal Carcinoma: Analysis of Connecticut Tumor Registry Data, 1935-1989. *Int J Cancer*. 1994;58:57-63.

Katz, DL. Hypertensive Crises and the Iatrogenics of Nomenclature. *Iatrogenics*. 1991;1:176-181.

• **Abstracts/Letters (Representative List):**

Katz, DL. Many Ways to Fight Heart Disease. (letter) *The New York Times*. Tuesday, April 10, 2007.

Katz, DL. The Debate Over Diagnoses. (letter) *The New York Times*. Tuesday, January 7, 2007; F4.

- Katz, DL. Fat Factors. (letter) *The New York Times*. Sunday, August 27, 2006; Section 6, Page 6.
- Katz, DL. Thinking About The Way We Eat. (letter) *The New York Times*. Friday, February 10, 2006; A24.
- Katz DL. Fast Food and Obesity in America. (letter) *The New York Times*. Thursday, July 7, 2005; A22.
- Katz, DL. Atkins advice indigestible! (letter) *The New York Times*. Saturday, January 24, 2004; A14.
- Katz, DL. Letter in response to “Naturopathy: A Critical Appraisal”. *Medscape General Medicine*. In press; January, 2004.
- Sarrel P, Nawaz H, Chan W, Fuchs M, **Katz DL**. Raloxifene Improves Brachial Artery and Microcirculatory Flow-Mediated Dilation in Healthy Postmenopausal Women (abstract). *Circulation*. 2000;102(18):107.
- Greci, L, **Katz, DL**. Vaccinations in Pneumonia (VIP): A Study of Pneumococcal and Influenza Vaccination Patterns Among Patients Hospitalized for Pneumonia. *Connecticut Medicine*, 2001;65(8):469.
- Katz DL. Glycemic load and the risk of coronary heart disease (letter). *Am J Clin Nutr* 2001 Jan;73(1):131-132.
- Katz DL. Sequential Use of Conventional and Unconventional Therapies (letter). *JAMA*, 2000;281(1):56
- Nawaz H, Adams M, **Katz DL**. Weight Loss Counseling by Health Care Providers. Abstract: *JAMA*, 1999; 282(16):1506.
- Katz DL. Cholesterol and Coronary Heart Disease Risk in Elderly Patients (letter). *JAMA*. 1995;273;1329-1330.
- Katz DL. Long-Term Clinical Outcomes of Lyme Disease (letter). *Annals Int. Med.* 1995;122:960-961.
- Katz DL. Cost-Effectiveness of Combined Statin-Resin Therapy (letter). *Annals Int Med.* 1994;121:548
- Katz DL. Obesity Gene ‘Flaw’ Once Served Us Well (letter). *The New York Times*. Fri., Dec. 9, 1994. A32
- **Op Ed**
- Katz DL. The Scarlet Burger. *Wall Street Journal*. November 19, 2003.
- Katz DL. The Food Supply, for Dummies. *Hartford Courant*. 2003
- Katz DL. Obesity: Another Form of Mass Destruction. *Hartford Courant*. 2002
- **Other (Essays, Poems, Newsletters, Columns; Representative List):**
- Katz DL. Illiterati (poem). *JAMA*. 1994;271:1890m.

Katz DL. Conflict, Conscience and Extinction: Ethics in the Purview of Natural Selection. *Bitterroot*. Autumn 1991;xxx;100:93-97.

Katz DL. *Illiterati*. In: *Threads of Experience (Anthology)*. Papier Mache Press. 1996.

Poems published in: *JAMA, Bitterroot, American Poetry Anthology, Dan River Anthology* (partial list).

Katz DL. Protective Maintenance of Your Heart: How to Take a Beating Without Beating Back. *Care Newsletter*. Yale University Health Services Center for Health Education and Preventive Medicine. 1994;vol. 1 No 3.

Katz DL. To Diet or Not to Diet?...Weight Loss Worth Waiting For. *Care Newsletter*. Yale University Health Services Center for Health Education and Preventive Medicine. 1994;vol. 1. No. 4.

Katz DL. Antioxidants: Take 'em or Eat 'em? *Care Newsletter*. Yale University Health Services Center for Health Education and Preventive Medicine. 1994;vol. L. no. 5.

Katz DL. Ode to Osteoblasts. Everything (almost) we need to know about Calcium, Menopause, and Osteoporosis, We Learned in Kindergarten. *Care Newsletter*. Yale University Health Services Center for Health Education and Preventive Medicine. 1994;vol. L. no. 7.

Katz DL. Why Hearts Need Love. *Care Newsletter*. Yale University Health Services Center for Health Education and Preventive Medicine. May, 1995.

Newspaper Column: Weekly preventive medicine column in the *New Haven Register*, beginning November, 1997.

Nutrition Columnist for "O" (the Oprah Magazine; starting 12/02)

Nationally syndicated preventive medicine column (weekly), The New York Times Syndicate; 2005-

IN PRESS / REQUESTED:

• Articles/Chapters

Katz DL. Diets and Dieting: Who Wins, Who Loses? *Current Cardiovascular Risk Reports*. 1/09.

Katz DL, Sabina AB, Liberti LS, Williams A, Northrup V, Njike V, Ali A, Adelson H, Perlman A. Intravenous Micronutrient Therapy (Myers' Cocktail) for Fibromyalgia: A Randomized Controlled Trial. *Journal of Alternative and Complementary Medicine*. 9/08.

Laurie M. Anderson, PhD, MPH, Toby Quinn, MPA, Karen Glanz, PhD, MPH, Gilbert Ramirez DrPH, Leila C. Kahwati, MD, MPH, Donna B. Johnson, PhD, Leigh Ramsey Buchanan, PhD, W. Roodly Archer, PhD, Sajal Chattopadhyay PhD, Geetika P. Kalra, MPA, **David L. Katz, MD**, and the Task Force on Community Preventive Services. The Effectiveness of Worksite Nutrition and Physical Activity Interventions for Controlling Employee Overweight and Obesity: A Systematic Review. *American Journal of Preventive Medicine*. 7/08.

Katz DL. Public Health Approaches to the Control of Pediatric and Adolescent Obesity. University of

Nevada, Reno. In Press: 5/07.

UNDER REVIEW

• Articles/Chapters

Katz DL, Yanchou Njike V, Faridi Z, Rhee L, Reeves R, Jenkins D, Ayoob K. The stratification of foods on the basis of overall nutritional quality: The Overall Nutritional Quality Index (ONQI). *American Journal of Health Promotion*. 1/09.

Njike V, Faridi Z, Dutta S, Gonzalez-Simon A, **Katz DL**. Daily egg consumption in hyperlipidemic adults: effects on endothelial function and cardiovascular risk. *American Journal of Clinical Nutrition*. 12/08.

Yanchou Njike V, Faridi Z, Shuval K, Dutta S, Kay CD, **Katz DL**. Effects of Sugar-Sweetened and Sugar-Free Cocoa Beverages On Endothelial Function: A Randomized, Controlled Trial. *Journal of Nutrition*. 12/08.

Alonzo H, Ballard J, Troped P, **Katz DL**. Home-based, Supervised Exercise in Congestive Heart Failure: Results of a Randomized, Controlled Pilot Study. *Health Promotion International*. 12/08.

Katz DL, Polascek M, Barth M, Faridi Z. Health Enhancement through Lifestyle Practices (HELP): A Feasibility Study. *Health Education Journal*. 12/08.

Faridi Z, Yanchou Njike N, Katz JA, Shuval K, Jennings G, Williams M, **Katz DL**, PREDICT Project Writing Group. Reducing Diabetes in Urban Communities: Initiatives through Community Collaboration. *Health Education Research*. 11/08.

Katz DL, Shuval K, Larovera M, Zjike V, Faridi Z. Sensory Specific Satiety: A potent, little known contributor to behavioral nutrition and epidemic obesity. *American Journal of Lifestyle*. 4/07.

Berman M, Marlin R, Baron R, Lian K-L, Chi C, Ornish D, **Katz DL**. Thinking Beyond Health to Motivate Dietary Change: Piloting a Vegan Healthy Eating Program for Obesity Management. *Behavior Modification*. 4/07.

O'Connell M, Yanchou Njike V, Veysman B, **Katz DL**. Impediment profiling for 'smoking cessation: Evaluation using a retrospective cohort design. Under review: *Drug and Alcohol Dependence*. 4/07.

Northrup VS, Shenson D, Shah D, Yale J, Comerford B, **Katz DL**. Prevention of Foot Problems Related to Diabetes Among African American Patients in a Community Health Clinic Setting. *Diabetes Educator*. 3/07.

O'Connell M, Ali A, Shuval K, **Katz DL**. The Impact of Dietary and Physical Activity Behavior on Obesity and Weight Loss: A Review. *International Journal of Behavioral Nutrition and Physical Activity*. 1/07.

PRESENTATIONS/ABSTRACTS (CONFERENCES); REPRESENTATIVE LIST:

Katz DL, Yanchou Njike V, Faridi Z. Effects of Sustained Ingestion of Cocoa on Endothelial Function in Adults with BMI between 25-35 kg/m²: A Randomized, Single Blind, Placebo Controlled Trial. American College of Cardiology 56th Annual Scientific Session, New Orleans, Louisiana. 3/07

Katz DL, Sabina AB, Liberti LS, Williams A-l, Northrup V, Njike V, Ali A, Perlman A. Intravenous Micronutrient Therapy (Myers' Cocktail) for Fibromyalgia: A Randomized Controlled Trial. APHA Scientific Session and Event Listing. American Public Health Association, Boston, MA. 11/06

Katz DL, Sabina AB, Liberti LS, Williams A-l, Northrup V, Njike V, Ali A, Perlman A. Intravenous Micronutrient Therapy for Fibromyalgia Syndrome: A Randomized Controlled Trial (Oral presentation) - American Association of Naturopathic Physicians Annual Conference, Portland, OR. 8/10/2006

Katz DL, Liberti L, Northrup V, Yanchou Njike V, Ali A. Intravenous micronutrient therapy (Myers' cocktail) for fibromyalgia: a randomized controlled trial. Clinical Research Poster Presentation Abstracts. Consortium for Academic Health Centers for Integrative Medicine, Edmonton, AB. 5/06

Katz DL, Yanchou Njike V, Faridi Z. Effects of Acute Ingestion of Dark Chocolate on Endothelial Function in Adults with BMI between 25-35 kg/m²: A Randomized, Single Blind, Placebo Controlled Trial; AMER SOC EXP BIOL, San Francisco, CA. 3/06.

Yeh M-C, Schultz K, **Katz DL**. Cultural and age related determinants of fruit and vegetable intake in a tri-ethnic population. 133rd Annual Meeting - APHA, New Orleans, LA. 11/05

Katz DL, Faridi Z, Schultz K, Comerford B. Using the Pressure System Model to Promote Physical Activity in Primary Care:[br]A Randomized Controlled Trial. NAASO 2005 Annual Scientific Meeting, Vancouver, British Columbia. 10/05

Katz DL, O'Connell M, Yanchou Njike V, Sabina A, Yeh M-C, Nawaz H. Population Based Obesity Prevention and Control: A Review of the Evidence. NAASO 2004 Annual Scientific Meeting, Las Vegas, NV. 11/04

Zaharek M, Hartwig K, LaRovera M, Faridi Z, Dunville RL, **Katz DL**. Building Community Partnerships through Microgrants. Crossroads: Critical Issue In Community Based Research Partnerships, Hartford, CT. 6/04

Evans M, Hoxley M, **Katz DL**. Egg Consumption & Endothelial Function: A Randomized Controlled Crossover Trial. 44th Annual Conference on Cardiovascular Disease Epidemiology and Prevention featuring the L. J. Filer Symposium on Prevention of Overweight and Its Consequences Beginning in Youth, San Francisco, CA. 3/04

O'Connell M, **Katz DL**. Tailored Interventions for Smoking Cessation: Experience in the worksite. 2003 National Conference on Tobacco or Health, Boston, MA. 12/03

Faridi Z, Evans M, Yanchou Njike V, Hoxley M, **Katz DL**. Endothelial Function in Response to Sustained Consumption of Soy Protein and Lecithin By Healthy Postmenopausal Women. 5th International Symposium on the Role of Soy in Preventing and Treating Chronic Disease, Orlando, FL. 9/03

Katz DL. American Teachers of Preventive Medicine 2003 Annual Meeting, “Impediment Profiling for Smoking Cessation: From Protocol to Practice?”, Albuquerque, NM, 3/03

Katz DL, Nawaz H, Evans M, Njike V, Comerford B, Hoxley M. Short-Term Egg Consumption Does Not Adversely Affect Endothelial Function in Healthy Adults. American Dietetic Association Annual Meeting. 10/02

Katz DL, Evans M, Chan W, Nawaz H, Comerford B, Hoxley M, Sarrel P. Oats, Antioxidants and Endothelial Function in Adults with Clinical Features of Insulin Resistance. American Diabetes Association Annual Meeting, San Francisco, CA. 6/02

Sarrel P, Nawaz H, Chan W, Fuchs M, **Katz DL**. Raloxifene Improves Brachial Artery and Microcirculatory Flow-Mediated Dilation in Healthy Postmenopausal Women. American Heart Association Annual Meeting. 11/00

Katz DL. Developing an integrative medicine research agenda, American Public Health Association Conference. Boston MA. 11/00

Katz DL. *In Search Of* the Optimal Diet: Convictions, Consensus, and Controversies at the Century’s Cusp. American Dietetic Association. Denver, CO. 10/00

Chan W, MPH, Nawaz H, MD, MPH, Abdulrahman M, MD, **Katz DL**, MD, MPH, Discrepancy in Self-Reported and Measured Weight and Height in Women Participating in a Weight Loss Study. CDC Prevention Research Center Annual Meeting. Atlanta 2/00

Katz DL, Nawaz H, Boukhalil J, Sarrel P, Ahmadi R. Acute Nutrient Effect on Endothelial Function: A Randomized, Single-Blind Crossover Trial in Healthy Adults. CDC Prevention Research Center Annual Meeting. Atlanta. 2/00

Katz DL, Nawaz H, Boukhalil J, Chan W, Ahmadi R, Giannamore V, Sarrel P. Endothelial Responses to Ingested Fat Following Month-Long Supplementation with Oat and Wheat Cereals: A Randomized, Double-Blind Crossover Trial in Healthy Adults. CDC Prevention Research Center Annual Meeting. Atlanta 2/00

Madi, A, Greci L, Nawaz H, **Katz DL**. The Significance of a Shortened Activated Partial Thromboplastin Time in Patients Admitted for Chest Pain. CDC Prevention Research Center Annual Meeting. Atlanta. 2/00

Katz DL. Acute Nutrient Effect on Endothelial Function: A Randomized, Single-Blind Crossover Trial in Healthy Adults. American College of Nutrition. Washington, DC 10/99

Boukhalil J, Nawaz H, Eliaszadeh P, **Katz DL**. Case management for congestive heart failure: cost benefit analysis of a community hospital program. Poster: Prevention ’99. Washington, D.C., 3/99

Invited lecture: Exercise in the management of congestive heart failure. Connecticut Hospital Association.
Wallingford, CT. 3/99

Delegate for the Association of Teachers of Preventive Medicine; Careers in Preventive Medicine. AMSA National Convention. Chicago. 3/99

Presentation: Careers in Preventive Medicine. AMSA National Convention. Chicago. 3/99

American College of Physicians, CT chapter, scientific meeting: posters presented 1997, 1998, 1999

Nawaz H, Mazhari R, **Katz DL**. Abstract: Gaps in the Electronic Medical Record. Presented at Prevention '98. San Francisco; April, 1998

Integrated Training in Preventive Medicine and Internal Medicine. HRSA conference. Washington, DC. January 9-10, 1997

Innovations In Teaching Preventive Medicine. Prevention '97. Atlanta GA. March, 1997

INVITED TALKS (*REPRESENTATIVE LIST*):

• Institute of Medicine

Summit on Integrative Medicine and the Health of the Public, Washington, DC: 2/25/09

Current Approaches to Using Evidence in Obesity Prevention and Related Areas of Health Promotion and Disease, Washington, DC: 1/8/09

• Medical Grand Rounds

St Luke's Grand Rounds, "Nutrition, Weight Control, and Prevention of Chronic Disease" Milwaukee, WI: 5/22/08

St. Francis Hospital, "Evidence Based Medicine, Oxymoron, or a Bridge Over Troubled Water?", Hartford, CT: 3/27/08

Dartmouth Hitchcock Medical Center, Lebanon, NH: 9/22/06

Mass General, Boston, MA: 9/27/05

Mamouth Medical Center, New Jersey: 5/6/04

Lawrence and Memorial Hospital, Clinical Nutrition/Dietary Counseling or Obesity, New London, CT: 12/03

Danbury Hospital, "Obesity & Nutrition", Danbury, CT: 10/8/03

Hurley Medical Center, Flint, MI: 10/03

Dartmouth Medical School, "Obesity: from Obstacles to Opportunities in a 'Toxic' Nutritional Environment", Dartmouth, NH: 7/12/02

Bridgeport Hospital, Obesity, Bridgeport, CT: 8/30/01

INTERNATIONAL CONFERENCES/MEETINGS:

World Health Organization (WHO), Abu Dhabi, United Arab Emirates: 12/8-13/07

Canadian Cardiovascular Congress: “The Basic Care and Feeding of Homo Sapiens: Consensus, Controversy or Cluelessness?”: 10/03

NATIONAL CONFERENCES:

American College of Cardiology, “Dietary Approach to the Obesity Epidemic: Behavioral Skills for Teens and Adults”, Atlanta, GA: 3/12/06

American College of Preventive Medicine – Austin, TX: 2/20-23/08

American College of Preventive Medicine – Miami, FL: 2/22-24/07

American College of Preventive Medicine – Congressional Briefing, Washington, DC: 10/6/06

American College of Preventive Medicine – Washington, DC: 2/16-20/05

American Diabetes Association National Staff/Volunteer Leadership Conference, Workshops, Chicago, IL:
11/12/05

American Medical Association – National Obesity Conference, Chicago, IL: 10/19/04

American Public Health Association – Annual Conference, Philadelphia, PA: 12/10-14/05

Association of Teachers of Preventive Medicine – Board Meeting, Washington, DC: 6/7/05

Association of Teachers of Preventive Medicine – Leadership Development Conference, St. Petersburg, FL:
1/23-25/04

Centers for Disease Control – Annual Conference, Atlanta, GA: 9/12-14/06

Centers for Disease Control – Annual Directors Meeting, Atlanta, GA: 11/2-4/05

Consortium of Academic Health Centers for Integrative Medicine - Spring Meeting, Portland, OR:
4/27-5/1/07

Consortium of Academic Health Centers for Integrative Medicine - Annual Meeting, Duke University, Durham, NC: 11/12-13/06

Institute of Medicine Workshop, Washington, DC: 1/8/09

Mayo Clinic – “Obesity, be DAMMED! What does it take to turn the tide?”, Keynote, Minneapolis, MN:
3/8/07

CONFERENCE PRESENTATIONS (*REPRESENTATIVE LIST*):

Shaping America's Health, **Keynote**, "OBESITY BE DAMMED! WHAT IT WILL TAKE TO TURN THE TIDE", Chicago, IL: 1/22/09

Anthem Blue Cross Blue Shield, Personal Health and Importance of Accountability, Cromwell, CT: 1/16/09

Anthem Blue Cross Blue Shield, Personal Health and Importance of Accountability, North Haven, CT: 1/15/09

NECON Regional Conference, "Prevention Progress: A Movement Can't Stand Still", Marlborough, MA: 12/16/08

Obesity Roundtable, Childhood Overweight and Obesity Prevention Initiative "*Healthy Youth for a Healthy Future*", Hartford, CT: 12/10/08

Iowa Dietetic Association, Keynote, "The Overall Nutritional Quality Index: Archimedes Lever or the World of Food", Des Moines, IA: 12/3/08

3rd Annual Congress on Obesity, **Keynote**, "Obesity be Dammed! What it Will Take to Turn the Tide", Washington, DC: 11/20/08

AARP Conference, "*Smoke & Mirror: how tobacco control history reflect obesity control opportunity*", Washington, DC: 11/18/08

Calorie Control Council Conference, "Product Labeling and the ONQI", Naples, FL: 11/17/08

Clarian Health, "Overall Nutrition Quality Index", Indianapolis, IN: 11/11/08

Danbury Hospital, "Food and the Fate of Children", Danbury, CT: 11/6/08

Quinnipiac College, Hamden, CT: 11/5/08

National CNO and CFO Summit, "Loving Food...That Loves Us Back", Phoenix, AZ: 10/30/08

Juice Plus Fall Leadership Conference, **Keynote**, Memphis, TN: 10/24/08

Championing Public Health Nutrition, Ottawa, Canada: 10/22/08

Weighing In: Psychiatry, Eating Disorders and the Obesity Crisis, Yale University, New Haven, CT: 10/3/08

Wellness Council of Iowa, **Keynote**, "The Rising Tide of Epidemic Obesity: Different Kind of Flood, Different Kind of Levee", Des Moines, IA: 9/23/08

MD Anderson Cancer Center, **Keynote**, "Loving Food That Loves You Back", Houston, TX: 9/5/08

Scientific Advisory Council - (SAC) meeting for the California Walnut Commission, **Keynote**, Effects of Walnut Consumption on Endothelial Function in Type 2 Diabetes: A Randomized, Controlled, Cross-Over Trial", North Lake Tahoe, NV: 8/6/08

Aspen Ideas Festival, "Food, Fuel and Famine", Aspen, CO: 6/30/08

Healthy Foods International Convention, **Keynote**, “Diet, Health, & Archimedes' Lever: Better Nutrition, One Well Inform Choice at a Time”, Dallas, TX: 6/18/08

Canadian Dietetics Association, **Keynote**, “Breaking New Ground in Cardiovascular Disease Prevention: Using an Integrative Medicine Model to Facilitate Risk Reduction”, Winnipeg, Canada: 6/13/08

Stepping Stones Museum, **Keynote**, “Into the Mouths of Babes: Food, & the Fate of Children”, Norwalk, CT: 5/14/08

DC Dietetic Association, The Overall Nutritional Quality Index (ONQI): Enabling the "Average Shopper" to Choose Nutritious Foods With the Ease and Stealth of Nutrition Experts, Washington, DC: 5/3/08

Obesity: Strategies for Physicians & Health Care Providers, “Helping Patients Unfatten: Of Levers & Levees, Skillpower & Sandbags”, Warwick, RI: 4/3/08

1st Yale Integrative Medicine Symposium, Evidence-Based Medicine and CAM? How Opposites Attract, New Haven, CT: 4/2/08

Massachusetts Dietetic Association, **Keynote**, “A Food Supply...for Dummies! The Overall Nutritional Quality Index, Sturbridge, MA: 3/28/08

Southern Connecticut - Health Psychology, New Haven, CT: 3/26/08

Pediatric Nursing Symposium, **Keynote**, “Into the Mouth of Babes: Food and the Fate of Children, Danbury, CT: 3/25/08

TOPCO Annual Board Meeting, **Keynote**, “The Health Crisis in America”, Dana Point, CA: 2/25-27/08

M.D. Anderson, **Keynote**, “Evidence-Based Holistic Care: Of Tribulations and Trials”, Houston, TX: 2/21/08

M.D. Anderson, **Keynote**, “Drowning in Calories: What It Will Take to Turn the Tide”, Houston, TX: 2/20/08

Institute for Integrative Medicine, **Keynote**, New York, NY: 2/17/08

Shape Up Rhode Island Health Care & Health Plans Workshop, **Keynote**, Providence, RI: 2/2/08

University of Vermont, Vermont Education Health Initiative, **Keynote**, "Obesity be DAMMED! What it will take to turn the tide" “ Quenchee, VT: 1/17/08

University of Vermont, Vermont Education Health Initiative, **Keynote**,” "Obesity be DAMMED! What it will take to turn the tide" Burlington, VT: 1/16/08

Connecticut Alliance YMCA, “Our Nation's Epidemic of Obesity”, Meriden, CT: 11/1/07

Yale New Haven Children’s Hospital 5th Annual Meeting – “What Organic Really Means -& if it matters-”, New Haven, CT: 10/19/07

Yale New Haven Hospital Auxiliary, “Food as the Best Medicine: Getting What We Love to Eat to Love Us Back”, New Haven, CT: 10/10/07

Council for Responsible Nutrition, **Keynote**, “Nutrient Supplements: epidemiology, evidence, & evolutionary biology”, Scottsdale, AZ: 10/6/07

13th Annual Maxwell Bogin, M.D. Lectures in Pediatrics, “Into the Mouths of Babes: Food & the Fate of Children”, Shelton, CT: 10/3/07

O You!, “Loving Food That Loves You Back!”, Miami, FL: 9/29/07

FDA Hearing, Washington, DC: 9/11-12/07

IFIC Presentation, Washington, DC: 9/11/07

The Learning Annex, “How to Turn Down Your Hunger and Lose Weight for Good”, New York, NY: 9/8/07

Blue Cross/Blue Shield of Rhode Island, **Keynote**, “The Rational Un-fattening of America's Families: Can We Get There From Here?”, Providence, RI: 9/5/07

Community Hospital Administration, CME Symposium on Obesity and Cardiovascular Preventative Medicine, Monterey, CA: 5/11/07

Wellmont Health System, “Shaping for the Future”--Healthy Children, Healthy Choices, and Healthy Communities”, Kingsport, TN: 5/2/07

National Association of Junior Auxiliaries, **Keynote**, “Teaching Children to Make Healthy Choices, Memphis, TN: 4/28/07

Mississippi State University Conference, “The Rational Un-fattening of America's Families: Can We Get There From Here?”, Little Rock, AR: 4/17/07

Loyola University, "Obesity be DAMMED! What it will take to turn the tide", Maywood, IL: 4/09/07

StemCONN Public Forum – JDF, Quinnipiac Law School, Hamden, CT: 3/28/07

Minority Students, Yale University, New Haven, CT: 3/24/07

Men's Club Orange Senior Center, Orange, CT: 3/15/07

92nd Street Y, The New Science for Healthy Living, New York, NY: 2/25/07

Public Hearing on McKinney/Roraback Trans Fat Bill, Hartford, CT: 2/23/07

Claridge, Inc., "Obesity, be DAMMED! What we'll all need to do to turn the tide", Turnberry Isle - Ft. Lauderdale, Florida: 2/12/07

Community Hospital Administration, "The Rational Un-fattening of America's Families: Can We Get There From Here?" Monterey, CA: 2/9/07

Kraft Health & Wellness Roundtable, Chicago, IL: 1/11/07

Oprah and Friends Radio Program (Dr. Oz), New York, New York: 11/30/06

11th Annual Hypertension Symposium, “Nutritional Management of Obesity and Vascular Disease”,

Nashville, TN: 11/16/06

YAHP Program Greenwich Hospital, Clinically Applicable Biostatistics & Medical Decision Making, Greenwich, CT: 11/9/06

Michigan Steps Up, **Keynote**, Battlecreek, MI: 10/28/06

West Virginia University Extension, “The Rising Tide of Diabetes: Stacking Thin Bags to Stop the Flood”, Charleston, WVA: 10/18/06

Nemours Foundation - Conference on Child Health Promotion, “Obesity be Dammed!”, Wilmington, DE: 10/12/06

“O You!”, “How to Stop a Flood? Build a Dam”, Boston, MA: 10/7/06

Brown University, Whole Physician Program of the PLME, Providence, RI, 9/27/06

Hitchcock Foundation – Helmut Schumann Lecture, “The Rational Unfattening of America: How We Get There From Here, Lebanon, NH: 9/21/06

Nutrition 21, “Insulin: From Physiology to Public Health”, New York, NY: 6/28/06

Harvard Medical School, Practical Approaches to the Treatment of Obesity, Effective Obesity Counseling Strategies, Cambridge, MA: 6/22/06

Mississippi Governor’s Conference, “Obesity Control: of Power, Responsibility and Sandbags”, Jackson, MS: 6/15/06

ACE (All Candy Expo), “The Case for Going Coo-coo for Cacao - data, from the dark side”, Chicago, IL: 6/6-9/06

National Obesity Action Forum, “New England, Flooding, & Sandbags: - whatever the inundation, it takes a village”, Bethesda, MD: 6/5/06

Lane Coalition for Healthy Active Youth (LCHAY), “Into the Mouths of Babes: What Clinicians Can Do to Combat Childhood Obesity”, Springfield, OR: 5/5/06

ACAM, Micronutrient Therapy for Fibromyalgia, Dallas, TX: 5/4/06

New Haven Teachers, “The Basic (Care &) Feeding of Homo Sapiens: Are We Truly Clueless?”, New Haven, CT: 5/2/06

Florida School Health Association (FSHA), Keynote, “The Basic Care & Feeding of Young Minds, Bodies: -of schools, storms, & sandbags”, Orlando, FL: 5/1/06

Florida Department of Education – Healthy Kids, “The Basic Care & Feeding of Young Minds, & Bodies: - of schools, storms, & sandbags”, Tallahassee, FL: 4/24/06

Dutchess County Health Department, “The Rational Unfattening of America? Into the Mouths of Babes”, Hyde Park, NY: 4/5/06

ANA (American Nutraceutical Association), “Nutraceuticals in the Management of Fibromyalgia: From Theory

to Therapies”, Phoenix, AZ: 4/1/06

UMASS – Amherst, “The Basic (Care &) Feeding of Homo Sapiens: Are We Truly Clueless?”, Amherst, NH:
3/30/06

American College of Cardiology, “Dietary Approach to the Obesity Epidemic: Behavioral Skills for Teens and Adults”, Atlanta, GA: 3/12/06

Indiana School Association, “The Rational Unfattening of America”, Indianapolis, IN: 2/10-11/06
92nd Street Y, Man to Man Conference, New York, NY: 3/5/06

National Governors Conference, Health America Forum, Washington, DC: 2/25/06

Pfizer Advisory Board, Obesity Initiatives, New York, NY: 2/17/06

Health & Human Capital Management Congress 2006, Metabolic Syndrome, Washington, DC: 1/23/06

Connecticut Association of School-based Health Centers, Nutrition Detectives, Cromwell, CT: 12/2/05

Westchester Rockland Dietetic Association, “The Basic (Care &) Feeding of Homo Sapiens: Are We Truly Clueless?”, West Nyack, NY: 12/1/05

American Diabetes Association National Staff/Volunteer Leadership Conference, Workshops, Chicago, IL:
11/12/05

NECON, “The Role of the Healthcare Provided in Forging an Ethic of Prevention”, Marlboro, MA:
10/28/05

WAHPERD Conference, Keynote, “The Basic (Care &) Feeding of Homo Sapiens: Are We Truly Clueless?”,
“The Rational Unfattening of America’s Families: Can We Get fro Here?”, Seattle, WA: 10/21-22/05

Health Policy Ohio, Obesity Policy Health Forum, Columbus, OH: 10/11/05

Planetree Conference, The Way to Eat, Chantilly, VA: 10/9/05

Million Dollar Round Table, “The Basic (Care &) Feeding of Homo Sapiens: Are We Truly Clueless?”, Maui,
Hawaii: 9/29/05

Texas Association of Health Plans, “The Basic (Care &) Feeding of Homo Sapiens: Are We Truly Clueless?”,
San Antonio, TX: 9/28/05

RUDD Center Media Symposium, Nutrition and Obesity News 2005: *THE WORLD VIEW*, New York, NY:
9/26/05

21 C Conference, Yale, “The Basic (Care &) Feeding of Homo Sapiens: Are We Truly Clueless?”, New Haven,

CT: 7/05

National Governors Association, Expert Panel, Washington, DC: 6/8/05

Texas Medical Association, “The Basic (Care &) Feeding of Homo Sapiens: Are We Truly Clueless?”, Grapevine, TX: 5/14/05

IBSS 2005 Conference (Boston Seafood), “The Basic (Care &) Feeding of Homo Sapiens: Are We Truly Clueless?”, Boston, MA: 4/15/05

Robert Wood Johnson, “The Basic (Care &) Feeding of Homo Sapiens: Are We Truly Clueless?”, Princeton, NJ: 4/4/05

MAHEC, “The Basic (Care &) Feeding of Homo Sapiens: Are We Truly Clueless?”, Asheville, NC: 5/13/05

Northeast Regional Nurse Practitioner Conference, Keynote Speaker, “The Rational Unfattening of America’s Families – For Whom the Bell (Curve) Tolls”, Westford, MA: 5/5/05

Palm Beach County Health Department, “The Basic (Care &) Feeding of Homo Sapiens: Are We Truly Clueless?”, West Palm Beach, FL: 4/20/05

Eat Smart New York, “Obesity Prevention & Control: - from here to there through a Toxic Nutritional Environment-“, Albany, NY: 3/24/05

MSOP (Medical School Objectives Panel), Expert Panel, Washington, DC: 3/7/05

Dartmouth College (Children’s Hospital), “Carb Nation”: Seeking Truth About Diet Amidst the Spin and Fizzle, Woodstock, VT: 3/4-6/05

Pediatric Obesity Roundtable, Addressing Childhood Obesity: Community and Environment, Bronx, NY: 2/7/05

IOM (Institute of Medicine) Workshop, Food Marketing and Diets of Children, Washington, DC: 1/27/05

Kansas City University, Winter CME Program, “The Basic Care and Feeding of Homo Sapiens, Are We Truly Clueless?”, Kansas City, MO: 12/17/04

Palm Beach County Florida, “Community Unity Meeting – The Way to Eat”, Palm Beach, FL: 11/9/04

New Hampshire Medical Society Annual Meeting, “The Basic Care & Feeding of Homo Sapiens: Are We Truly Clueless?”, Concord, NH: 10/30/04

New Hampshire Public Health Association, “The Rational Unfattening of America’s Families: Can We Get There from Here?”, Plymouth, NH: 10/29/04

West Virginia University Extension Service, “The Basic (Care &) Feeding of Homo Sapiens: Are We Truly

Clueless?”, Charleston, WVA: 10/22/04

Connecticut Society for Cardiac Rehabilitation (CSCR), “Weight Management through Diet”, Wallingford, CT: 10/21/04

AMA National Summit, “Community Interventions”, Chicago, IL: 10/19/04

Planetree Conference, Nutrition and Obesity Management, New York, NY: 10/10/04

NECON Conference, Panel Discussion, “Science of Prevention”, Providence, RI: 10/8/04

NPHIC – Annual Conference, “The Obesity Epidemic”, Boston, MA: 10/6/04

New York State Department of Health, Diabetes Prevention and Control Program/Eat Well Play Hard/Healthy Heart/Steps to a Healthier New York: “Be a Power Eater. The Good Foods or Great Kids Program”, Albany, New York: 9/04

Dartmouth College: “The Truth About Dieting: How Clueless Are We?” and “Family Food Relationships: What Are We Learning at the Dinner Table?” Hanover, NH: 4/04

Middle East Conference On Obesity, Lyons, France: 3/04

ATPM 2004 Teaching Prevention Institute: Approaches to Teaching Obesity and Diabetes Prevention in the Classroom and the Community, New Orleans, LA: 3/04

5th Annual Florida School Health & Higher Education Symposium: “The Basic (Care &) Feeding of Homo Sapiens: Are We Truly Clueless?” Safety Harbor, FL: 2/04

2003-2004. Health Disparities Collaborative: “Self Management: Health Literacy & Nutrition”, Nashville, TN: 2/04

Preventive Medicine, 2004 (ACPM), “Family Matters: Thinking Globally, Acting Locally in Defense of Childhood Obesity”, Orlando, FL: 2/04

NHLBI Healthy Weight Community Outreach Initiative Strategy Development Workshop: “Best Practices – Promising Prevention Interventions”, NIH Campus, Bethesda, MD: 2/04

18th Annual Chronic Disease Conference, Washington, D.C.: 2/04

5th Annual Coordinated School Health Higher Education Symposium, **Keynote**, Safety Harbor, FL: 2/04

Clinical Trials to Community: The Science of Translating Diabetes and Obesity Research conference; NIDDK and OBSSR/OD, NIH; and CD, Bethesda, MD, 1/04

CME Lecture at Nyack Hospital, Nyack, NY: “The Basic (Care &) Feeding of Homo Sapiens: Are We Truly

Clueless?": 12/03

Florida Department of Health - Governors Task Force on the Obesity Epidemic: "Nutrition Research: Why Aren't We Eating Right?" Orlando, FL: 11/03

Massachusetts Dietetic Association's Fall Conference: Obesity Panel Discussion. Westborough, MA: 11/03

Morbid Obesity: Option and Outcomes Conference, Dartmouth-Hitchcock Medical Center, Lebanon, NH: 10/03

Obesity Forum: Secretary of Health; Washington, DC: 7/03

Florida Dietetic Association 2003 Annual Symposium, **Keynote**, Naples, FL: 7/03

Spectrum Health Spring Conference on Obesity, **Keynote**, Grand Rapids, MI: 5/03

Secretary's Healthier US Prevention Summit, Obesity Prevention, Baltimore, MD: 4/03

"Sowing Seeds for the Future: Healthy People 2010 Microgrants": 3/03

"Evening of the Stars", Charter Oak Health Center, Hartford, CT: 11/02

30th Annual Tuuri Day Conference, Mott Children's Health Center, **Keynote**, "Prevention & Control of Childhood Obesity: Insights from the Bird's Eye View", Flint, MI: 9/02

American Association of Cardiovascular and Pulmonary Rehabilitation annual meeting "ABC's of Cardiovascular Disease Prevention - What Really Works?" Charlotte, NC: 9/02

Connecticut Multicultural Health Summit, "Nutrition, Health Literacy & Minority Health: Reading the Writing on the Wall": 8/02

Florida Dietetic Association, "The Way to Eat: from Obstacles to Opportunities in a 'Toxic' Nutritional Environment" Ft. Lauderdale, FL: 7/02

Cardiovascular Health In Appalachia Partnering for Change. "The Way to Eat: from Obstacles to Opportunities in a 'Toxic' Nutritional Environment" Snowshoe, WV: 6/02

OSF Saint Anthony Medical Center, 63rd annual Theodor Lang May Day Clinic, **Keynote**, "In Search of the Optimal Diet: Exploring the Convictions, Controversies and Consensus", Rockford, IL: 5/02

Quaker Oats Company. Matures In The New Millennium: Boomer Cardiovascular Health (CV) - Nutrition & Lifestyle Challenges (Editor's conference), New York, NY: 5/02

American Teachers of Preventive Medicine annual meeting, "Obesity Prevention & Control: From Obstacles to Opportunities", Washington DC: 3/02

American Association of Diabetes Educators, "Diet, Drugs, Diabetes & Cardiac Risk Blending the Best of

Science and Nature in Prevention & Control”: 3/02

American College of Nurse Practitioners Annual Meeting presentation “CV Risk Factors in Diabetes: Diet, Exercise and Treatment”, Atlanta, GA: 10/01

The American Dietetic Association presentation "Beyond Cholesterol--What Dietitians Need to Know About Heart Health", St. Louis, MO: 10/01

The American Association of Diabetes Educators session, "Emerging Cardiovascular Risk Factors in Patients with Diabetes: Diet and Treatment Update”, Louisville, KY: 8/01

State University of New York, Stony Brook School of Medicine, 27th Annual Family Medicine Update: 6/01

West Virginia State Health Education Conference: 4/01

Moderator/Speaker: Preventive Medicine in the 21st Century; National Institute for Community Health Education; Quinnipiac University. Hamden, CT. April 3, 2001 (Keynote Speaker: Dr. Dean Ornish): 4/01

Illinois Dietetic Association Assembly: 3/01

American College of Preventive Medicine; Miami, FL: 2/01

American Dietetic Association Food and Nutrition Conference, Chicago, IL: 10/00

Quaker Oats Conference, The Counter-Revolution: Making a Case for Carbohydrates in the American Diet, Chicago, IL: 6/00

Connecticut Infection Control Nurses Association, Griffin Hospital Integrative Medicine Center Model: 3/00

Bridgeport Business Council, Prevention Research Center and Integrative Medicine Center: 2/00

GRANTS AWARDED:

Katz DL (PI): Evaluation of a diet rich in monounsaturated fatty acids (MUFAs) on reduction of visceral fat in the abdomen; a pilot study; Prevention Magazine; \$23,102 over 1 year. 4/08.

Katz DL (PI): Effects of Fruit and Nut KIND Bars on Endothelial Function in Overweight (BMI \geq 25) Adults: A Randomized, Controlled, Trial; PeaceWorks; **\$49,509** over 1 year. 3/08.

Katz DL (PI): Continuation of PREDICT; CFGNH; **\$80,000** over 2 years 10/07.

Katz DL (PI): Chromium Picolinate for Weight Loss; Nutrition 21; **\$186,703** over 1 year. 12/05

Katz DL (PI): Effects of Walnut Consumption on Endothelial Function in Type 2 Diabetes: A Randomized, Controlled, Cross-Over Trial; California Walnut Commission; **\$193,650** over 2 years

Katz DL (PI): Effects of Juice Plus+ Supplementation on Endothelial Function in Insulin Resistant Adults: A Randomized, Controlled, Crossover Trial; National Safety Associates, Inc.; **\$225,826** over 1.5 years

Katz DL (PI): Nutrition Detectives and ABC for Fitness; Health Care Foundation of Greater Kansas City; **\$174,000** over 1 year. 11/06

Katz DL (PI): Systems Change For Diabetes Prevention and Management in Federally Qualified Community Health Centers; Connecticut Health Foundation; **\$1,000,000** over 2 years. 4/06

Katz DL (PI): AUGMENT; SBIR/STTR – NIH; **\$113,000** over 1 year. 5/06

Katz DL (PI): Novel cell phone technology for Health Enhancement (NICHE); SBIR/STTR – NIH; **\$155,000** for 9 months. 3/05

Katz DL (PI): Effects of Acute and Sustained Ingestion of Cocoa on Endothelial Function in Adults with a BMI \geq 30: A Randomized, Double Blind, Placebo Controlled, Trial; Hershey Foods Corporation; **\$350,000** over 1 year. 5/06

Katz DL (PI): Chromium Effects in Impaired Glucose Tolerance; NIH/NCCAM; **\$125,000** over 2 years. 8/03

Katz DL (PI): Effects of Egg Ingestion on Endothelial Function in Hyperlipidemic Adults: A Randomized, Controlled, Crossover Trial; Egg Nutrition Board; **\$133,000** for one year. 9/03

Katz DL (PI): IVMT- Intravenous Micronutrient Therapy for Fibromyalgia Syndrome; NIH/NCCAM; **\$100,000** over 1 year. 8/03

Katz DL (PI): Partners Reducing Effects of Diabetes: Initiatives Through Collaboration and Teamwork (PREDICT); Connecticut Health Foundation; **\$600,000** over 2 years. 1/03

Katz DL (PI): A Health Literacy Program to Improve the Prevention of Diabetic Foot Disease in African-American Communities; Pfizer; **\$100,000** over 2 years. 6/02

Katz DL (PI): Community Microgrant; DHHS; **\$800,000** over 2 years. 10/01

Katz DL (PI): MIEL: Meditation and Massage in End of Life; NIH/NINR; **\$100,000** / yr (2 years). 9/01

Katz DL (PI): “Fruit and Vegetable Consumption in Multi-Ethnic, Adult Groups.” CDC. **\$300,000/yr** (2 years). 8/01

Katz DL (PI): “Physician Counseling and Patient Risk Factors for Chronic Disease.” American Heart Association. **\$74,800**. 6/01

Katz DL (PI): Endothelial Function in Response to Acute and Sustained Consumption of Isoflavone concentrate and Lecithin by Healthy Postmenopausal Women. Eridania Béghin-Say America, Inc. **\$126,355**. 6/01

Katz DL (PI): Phytoestrogen & Raloxifene Effects on Endothelial Reactivity (PREFER). Eli Lilly and

Company. **\$97,400**. 3/01

Katz DL (PI): Optimizing the Practice-Based Assessment of CAM. CDC. **\$400,000/yr** (2 years). 10/00

Katz DL (PI): Evidence-Based Guidelines-Obesity Prevention and Control. CDC. **\$150,000/yr** (2 years). 10/00

Katz DL (PI): CDC Supplemental Funding to Enhance the PRC's Core Infrastructure. CDC. **\$17,898**. 10/00

Katz DL (PI). At-home Exercise Regimen for Outcome Benefit in CHF. CDC. **\$100,000 / yr** (2 years). 10/00

Katz DL (PI): Randomized, Crossover Study of Endothelial Function Responses to Acute and Sustained Egg Consumption in Healthy Subjects. Egg Nutrition Center. USDA. **\$142,200**. 3/00

Katz DL (PI) et al. Nutrient effects on endothelial function in the insulin resistance syndrome. Quaker Oats Co. **\$480,000** over 2 years. 9/99

Katz DL (Study PI): Statewide Oral Health Surveillance System. CDC. **\$50,000**. 9/99; renewed for **\$100,000**. 10/00

Katz DL (PI), Sarrel P (co-PI). Raloxifene and endothelial function. Eli Lilly Co. **\$50,000**. 3/99

Merson MH (PI), **Katz DL** (co-PI; Center Director; principal author of grant application). Yale-Griffin Prevention Research Center Grant. Funding Source: CDC. Total award: approximately **\$3 million** over 5 years.
Notification date: 9/30/98

Katz DL (PI); Diet and Endothelial Function. Total Grant: **\$153,000** Funding Source: Quaker Oats, Co. 7/98

Katz, DL. Lecture Series in Human Nutrition. Yale University School of Medicine. Educational Grant. Merck Pharmaceuticals. **\$6,000**. 1/95; 1/96

PEER REVIEW:

Journals:

2008 – Reviewer: *Cell Biochemistry & Function*

2008 – Reviewer: *Patient Education and Counseling*

2008 – Reviewer: *American Journal of Health Promotion*

2008 – Reviewer: *Medscape General Medicine*

2008 - Reviewer: *Family Practice*

2008 - Co-Section Editor: *Current Cardiovascular Risk Reports – Obesity & Diet Section*

2008 - Reviewer: US-Israel Binational Science Foundation, 2006

2006 - Reviewer: *Archives of Internal Medicine*

2006 - Reviewer: *Annals of Internal Medicine*

2006 - Reviewer: *International Journal of Cardiology*

2006 - Reviewer: *International Journal of Obesity*

2006 - Reviewer: *Lancet*

2006 - Reviewer: *Medscape General Medicine*

2006 - Reviewer: *American Journal of Health Promotion*

2006 - Reviewer: *Cardiovascular Risk Reports*

2004 - Reviewer: *U.S. Preventive Services Task Force – Pediatric Obesity Review*

2001 - Member, Editorial Board: *Clinical Nutrition Updates*

2001 - Reviewer: *Blood Coagulation & Fibrinolysis*

2001 - Member, Editorial Board: *American Journal of Preventive Medicine*

2001 - Reviewer: *Preventive Medicine in Managed Care*

2000 - Reviewer: *American Journal of Preventive Medicine*

2000 - Reviewer: *Yale Journal of Biology and Medicine*

2000 - Reviewer: *Annals of Epidemiology*

1999 - Reviewer: *American Journal of Public Health*

STUDY SECTIONS (GRANT REVIEW):

Reviewer: Childhood Obesity Prevention, Robert Wood Johnson Foundation. 9/08

Reviewer: NIH/NCCAM, Clinical Science Member Conflict Special Emphasis Panel. 7/08

Reviewer: NIH/NCCAM, Special Emphasis Panelist (Chair); CAM and HIV/AIDS. 4/03

Reviewer: CDC Special Emphasis Panelists; Community Based Participatory Research. 6/02

Reviewer: NIH/NCCAM Special Emphasis Panelist (Chair); CAM therapies in HIV. 6/02

Reviewer: Prevention of Obesity. NIH. Bethesda, MD, 7/99

Reviewer: Screening for lipid disorders. Research Triangle Institute, 11/99

Reviewer: Special Award in Nutrition Education. NHLBI; NIH. Member, Peer review panel.
Washington,
D.C. 6/98

Judge: American college of Physicians, Connecticut Chapter Scientific Meeting. Trumbull, CT. 1997, 1998, 1999, 2000-

Reviewer: MD thesis committee, Yale University School of Medicine. 1996-

STUDIES IN PROGRESS:

Katz DL (PI): Nutrition Detectives and ABC for Fitness; Health Care Foundation of Greater Kansas City

Katz DL (PI): Systems Change For Diabetes Prevention and Management in Federally Qualified Community Health Centers; Connecticut Health Foundation

Katz DL (PI). Effects of Acute and Sustained Ingestion of Cocoa on Endothelial Function in

Adults with a BMI \geq 30: A Randomized, Double Blind, Placebo Controlled, Trial; Hershey Foods Corporation

Katz DL (PI): AUGMENT; SBIR/STTR – NIH

Katz DL (PI): Novel cell phone technology for Health Enhancement (NICHE); SBIR/STTR – NIH

Katz DL (PI). Optimizing the Practice-Based Assessment of CAM; CDC

Katz DL (PI). Evidence-Based Guidelines-Obesity Prevention and Control; CDC

Katz DL (PI). Chromium Effects on Insulin and Vascular Function in People at Risk for Diabetes; NCCAM

Katz DL (PI). Effects of Juice Plus+® Supplementation on Endothelial Function in Insulin Resistant Adults: A Randomized, Controlled, Crossover Trial; National Safety Associates

Katz DL (PI). A Pilot Study of Chromium Picolinate for Weight Loss; Nutrition 21

Katz DL (PI). Nutrition Navigation on-Line Edge (NnoLEDGE): Phase I Feasibility Study; SBIR/STTR – NIH

COMPLETED STUDIES:

Katz DL (PI). Creating Healthy and Nicotine-Free Griffin Employees (CHANGE)

Katz DL (PI). Effects of Egg Ingestion on Endothelial Function in Hyperlipidemic Adults: A Randomized, Controlled, Crossover Trial

Katz DL (PI). Endothelial Function in Response to Acute and Sustained Consumption of Isoflavone concentrate and Lecithin by Healthy Postmenopausal Women

Katz DL (PI). “Training Resident Physicians to Promote Physical Activity: A Randomized Trial”

Katz DL (PI). Meditation and Massage in End of Life (MIEL)

Katz DL (PI). Healthy People 2010: Community Implementation Micro-Grant Pilot Program Application

Katz DL (PI). Innovative/Integrated use of Data for Evaluation and Surveillance (IDEAS)

Katz DL (PI). A Retrospective Comparison of Smoking Cessation Data: Tailored Interventions for Smoking Cessation Follow-Up Study

Katz DL (PI). Evaluating a Smoking Cessation Program for High School Students

Katz DL (PI). Acute and Sustained Supplementation with Oat and Vitamin E in Insulin Resistant Subjects, *Endothelial Responses to Fatty Challenge*

Katz DL (PI). Randomized, Crossover Study of Endothelial Function Responses to Acute and Sustained Egg Consumption in Healthy Subjects

Katz DL (PI). Phytoestrogen & Raloxifene Effects on Endothelial Reactivity (PREFER)

Katz DL(PI). Tailored Interventions for Smoking Cessation (TISC)

Katz DL (PI). Impact on Length of Hospitalization, Readmissions and Costs of Care of Projecting the Date of Discharge

Katz DL (PI). Stability of the cholesterol/HDL ratio during acute illness

Katz DL (PI). Utility of the glycosylated hemoglobin in the diagnosis of diabetes at the time of hospitalization

Katz DL (PI). Technical Skills for Weight Management

Katz DL (PI). Coronary Risk Factor Screening and Behavior Change in Women

Katz DL (PI). Multidisciplinary Case Management and Home Based Exercise in Congestive Heart Failure
Improving Functional Status and Preventing Rehospitalization

Katz DL (PI). Fruit And Veg. Develop And Test Survey Tools Assessing Determinants Of, And Barriers To, Fruit/Vegetable Consumption In Multi-Ethnic, Adult Populations

Katz DL (PI). A Health Literacy Program to Improve the Prevention of Diabetic Foot Disease in African-American Communities

Katz DL (PI): Partners Reducing Effects of Diabetes: Initiatives Through Collaboration and Teamwork (PREDICT)

COMMUNITY SERVICE:

Clinical Preceptor, the HOPE Homeless Project. New Haven, CT. 1994-1996

Consultant, Project CoNECT (community health risk appraisal). Lower Naugatuck Valley. 1997-present

Founder, Griffin Health Promotion Exchange. 1997

Numerous Pro Bono Public Presentations to civic groups, schools, church groups, etc.

MEDIA: (REPRESENTATIVE LIST)

LOCAL TELEVISION PROGRAMS:

WTNH, news channel 8, monthly "Healthy Living" segment on weekend morning show

WTNH, News Channel 8. "Oats and Cardiovascular Health": October 5, 1999

NATIONAL TELEVISION PROGRAMS:

Numerous appearances on Today Show, ABC Good Morning America, FOX Network, 20/20
World News Tonight, CNN, PBS

Food Network, Childhood Obesity: Danger Zone: 3/31/07

Montel Williams Show, 9-11, New York, NY: 8/29/06

Good Morning America, frequent guest and behind-the-scenes consultant, New York, NY: 2004

Citizens Television, "Kids First with Dr. Mayo", New Haven, CT: February 2004

48 Hours (CBS News), New York, NY: February 2004

20/20 (ABC News) interview with Lynn Sherr: December 3, 2003

NATIONAL RADIO PROGRAMS:

WGMD 92.7 Radio, Obesity, 1/1/07

Canadian Radio - Adler Online, "Nutrition, 2031: Dark Chocolate and Functional Foods Expert
Predicts How Diet and Nutrition Will Change in 25 Years", CANADA, 11/06/06

NBC Local Affiliate, Miami/Ft. Lauderdale, Florida. The Way to Eat. July 2002

WOR Radio: Shopping Smart with Phil Lempert. Live national broadcast: August 2002

PRINT MEDIA:

New York Times, Syndicated Columnist, 2004 -

New Haven Register. Weekly Preventive Medicine Column. 1997-

Connecticut Post. "Flu Pill Praised, Panned." January 30, 1997

OTHER:

Consultant, Aníán Advisors, Reuters, Inc: effective September 2007

Contributing Writer to "Toy Tips Magazine: effective May 2007

Consulting Nutrition Expert/Columnist to "O" Magazine: effective December 2002

"Through the obstacle course," monthly columnist for eDiets.com

Feature in "O" Magazine; "The Smart Way to Eat," August, 2002

Voice of America: Fad Diets. Ft. Lauderdale, Florida. July 2002

Satellite Media Tour: Oatmeal and cardiac health. Ketchum. September 2000

WebMD Medical News "Oatmeal: It Isn't Just for Breakfast (or Facemasks) Anymore, Study Shows a Bowl of Oatmeal Preserves Blood Flow After High Fat Meal" October 8, 1999

Numerous interviews for magazines (including *Prevention*; *Glamour*; *Woman's World*; *O*; *Remedy*; *Child's Health*; *Modern Maturity*) and newspapers

INVENTIONS:

Katz DL. Oto-Nasal Foreign Body Extraction Catheter ("Kiddy-Cath") **U.S. Patent No.5,454,817**. Issued Oct. 3, 1995

Katz DL. Anatomically appropriate bicycle seat. **U.S. Patent No. 5,873,626**. Issued Feb. 23, 1999

Katz DL. Speed-control pole for in-line skates and skate boards. **U.S. Patent No. 6,142,526**. Issued Nov. 7, 2000

Katz DL. Membrane-based air pressure regulation system. **U.S. Patent No. 6,241,599**. Issued June 5, 2001

Katz DL. Ergonomic lifting and transport harness. **U.S. Patent No. 6,257,633**. Issued July 10, 2001

Katz DL. Overall Nutritional Quality Index (ONQI). Provisional patent application submitted: 1/07

LANGUAGES:

Fluency in English, French and Hebrew

PERSONAL:

Married: Catherine Sananes Katz, PhD; neuroscientist; homemaker

Children: Rebecca (18); Corinda (17); Valerie (12); Natalia (11); Gabriel (7)

Hobbies/Personal Interests: carpentry; skiing; hiking; horseback riding; various sports; poetry/creative writing;
cooking; inventing

David L. Katz, MD, MPH
465 Tom Swamp Road
Mount Carmel, Connecticut 06518

Prevention Research Center
Griffin Hospital, 2nd Floor
130 Division Street
Derby CT 06418

Yale University School of Public Health
LEPH Rm. 314
60 College Street
New Haven, CT 06510

Home: 203 - 288-2228
Work: 203 - 732-1265
Fax: 203 - 732-1264

E-mail: katzdl@pol.net
david.katz@Yale.edu
www.davidkatzmd.com