CURRICULUM VITAE DAVID L. KATZ, MD, MPH, FACPM, FACP

Associate Clinical Professor of Epidemiology & Public Health and Medicine Director of Medical Studies in Public Health *Yale University School of Medicine* Director, Yale Prevention Research Center

BIRTH: February 20, 1963, Los Angeles, California

EDUCATION: B.A. in French, 1984. Dartmouth College. Hanover, New Hampshire. **M.D.**, 1988. Albert Einstein College of Medicine. Bronx, New York. **M.P.H.**, 1993. Yale University School of Medicine. New Haven, CT.

POST-GRADUATE TRAINING:

1991-1993	Residency in Preventive Medicine. Yale University School of Medicine. New Haven CT.
1989-1991	Residency in Internal Medicine. Norwalk Hospital. Norwalk, CT.
1988-1989	Internship in Internal Medicine. Norwalk Hospital. Norwalk, CT.
Sept 1995	Cardiovascular Disease Management Risk Factor Counseling workshop.
	American Heart Association. Invited Participant. Houston, TX.
April 1997	Comprehensive Obesity Management Faculty Development Conference.
	Knoll Pharmaceutical (sponsor). Invited Participant. Tucson, AZ.
CAREER:	
1991 - 1993	Attending Physician in Emergency Medicine
	St. Mary's Hospital Emergency Department
	Waterbury, CT
1993 - 1996	Attending Physician in Internal Medicine
	Yale University Health Services
	New Haven, CT
1993 -	Lecturer-Yale University School of Medicine
	Department of Epidemiology and Public Health
	New Haven, CT
1994	Assistant Clinical Professor of Medicine
	Yale University School of Medicine
	New Haven, CT
1996 - 2000	Assistant Clinical Professor of Epidemiology and Public Health & Medicine
	Yale University School of Medicine
	New Haven, CT
1996 - 1999	Associate Director, Preventive Medicine Residency Program
	Griffin Hospital
	Derby, CT
1997 -	Director of Medical Studies (Public Health)
	Yale University School of Medicine
	New Haven, CT
1997-	Health Columnist, New Haven Register, Valley Edition
1998-	Director, Yale-Griffin Prevention Research Center (CDC funded; 5 year, nearly
	\$3million grant: 10/98)

- 1999-2000 Director, Preventive Medicine Residency Program, Griffin Hospital, Derby, CT
- 2000- Founder & Director, Integrative Medicine Center at Griffin Hospital, Derby, CT
- 2000- Associate Clinical Professor of Epidemiology and Public Health & Medicine
- Yale University School of Medicine, New Haven, CT
- 2001- Lecturer, Yale School of Nursing
- 2002- Health Columnist, New Haven Register, All Editions
- 2002- Nutrition Columnist, 'O,' The Oprah Magazine
- 2003- Host, 'Healthy Living' Segment, WTNH New Haven Your Weekend Program

<u>CERTIFICATES/LICENSURES</u>:

- 1991 Licensed Physician and Surgeon, State of Connecticut
- 1991 Diplomate: American Board of Internal Medicine
- 1992 Certified: Advanced Trauma Life Support, American College of Surgeons
- 1994 Certified: Advanced Cardiopulmonary Life Support, American Heart Association
- 1997 Diplomate: American Board of Preventive Medicine; General Preventive
- Medicine
 - and Public Health
- 2001- Recertification, American Board of Internal Medicine (through 2011)

HONORS/AWARDS:

1981	National Merit Scholar Program, Finalist
1981-84	Daniel Webster Honorary Scholarship for Academic Achievement
	Dartmouth College
1984	Magna Cum Laude - Dartmouth College
1984	Highest Departmental Honors, Department of French/Romance
Languages	
	Dartmouth College
1993	Masters Degree awarded with Citation, Department of Epidemiology and Public
	Health, Yale University School of Medicine
1996	Ambulatory Care Teacher of the Year Award: Yale University School of Medicine
1997	Teaching Attending of the Year: Griffin Hospital, Derby, CT
1998	Physician of the Year, Griffin Hospital
2001	American College of Preventive Medicine, Rising Star Award
2002	Pfizer, Inc. Health Literacy Research Initiative Award
2002-2003	Listed in Marquis' "Who's Who in Medicine and Healthcare," 4th Edition
2003	Consumers' Research Council of America, "America's Top Physicians,
	2003"
2003	Healthy U (Salisbury, MD) Award for Excellence, 2003 for 'The Way to Eat'
2004-2005	America's Top Physicians, Preventive Medicine: Consumers' Research
	Council of America

ORGANIZATIONS/APPOINTMENTS/HONORS:

- 1989 Member, New York Academy of Sciences
- 1993 Member, American College of Physicians
- 1994 Member, Society for Epidemiologic Research
- 1994 Member, American Public Health Association
- 1995 Member, American Society for Clinical Nutrition
- 1997 Member, New Haven County Medical Society
- 1997- Member, Association of Teachers of Preventive Medicine
- 1997- Member, American College of Preventive Medicine
- 1997- Member, the Society of Behavioral Medicine
- 1998- Member, Legislative Task Force on Graduate Medical Education; Connecticut General Assembly
- 1999- Member, American College of Nutrition
- 2000- Member, Advisory Committee, Yale University, Pfeiffer foundation grant to support student clinical research in healthcare problems of underserved communities and populations

2000-	Vice-chair, planning committee, American College of Preventive Medicine
	Annual Meeting, 2001
2001-	Member, North American Association for the Study of Obesity
2001-2002	Chair, Planning Committee, American College of Preventive Medicine Annual Meeting
2001-	Chair, Education Committee, Association of Teachers of Preventive Medicine
2001-	Fellow, American College of Preventive Medicine
2001-	Chair, Prevention Practice Committee, American College of Preventive Medicine
2001-	Member; Editorial Advisory Board, Arbor Clinical Nutrition Updates
2001-	Northeast Regent (Board Member), American College of Preventive Medicine
2002-	(elected position)
2002-	Board Member , Association of Teachers of Preventive Medicine (elected
2002	position)
2002-	Member, Behavioral Sciences Committee Writing Group, United States Medical
• • • •	Licensing Examination (Step 1)
2002-	Chair, Adolescent Health Committee, American College of Preventive Medicine
2003-	Co-Chair Planning Committee , 18 th National Conference on Chronic Disease Prevention and Control
2003-	Fellow, American College of Physicians
2004-	Member; Editorial Advisory Board, Alternative Medicine Magazine
2004-	Fellow, North American Association for the Study of Obesity
2004-	Member, Editorial Advisory Board, American Journal of Preventive Medicine
2004-	Member, Editorial Advisory Board, Health
2004-	Member, Editorial Advisory Board, "O"
2004-	Member, Editorial Advisory Board, Men's Fitness
2004-	Member, Editorial Advisory Board, Sly
2004-	Member, Expert Panel on Overweight/Obesity,
	Association of American Medical Colleges (AAMC)

TEACHING; Courses:

Course Director: Clinical Concepts in Public Health; Dept. of Epidemiology and Public Health. Yale University School of Medicine HPA516a Fall, 1992-present

Course Director; Lecture Series in Human Nutrition Yale University School of Medicine: 1996-present

Instructor (seminar): EPH 501: Biostatistics for Medical Students Yale University School of Medicine. Winter, 1993-2001

Course Director: EPH 501: Biostatistics for Medical Students Yale University School of Medicine. 1997-2001

Course Director: EPH 500: Medicine, Society and Public Health Yale University School of Medicine. 1997-present

Course Director: Preventive Medicine Lecture Series Yale University School of Medicine. 1997-present

Course Director: Preventive Medicine Lecture Series Griffin Hospital, Derby, CT. 1996-2000

Course Director, HPA612: Interface of Health Policy and Clinical Decision Making Yale University School of Public Health. 1997-present

Course Director, Clinical Epidemiology Faculty Development Lecture Series Griffin Hospital, 1998-2000 Course Director, Human Nutrition, Yale School of Nursing, 2001-

other teaching:

Numerous lectures to students and community groups Clinical preceptor to 3rd and 4th year medical students, Yale School of Medicine Thesis advisor to numerous MD, MPH, and PA candidates; Yale University School of Medicine Grand rounds and teaching rounds at Yale affiliated hospitals Chair, Thesis Evaluation Committee, Yale School of Medicine, Dept. of Epidemiology and Public Health

PUBLICATIONS

Books

Katz DL, Gordon D. Cut Your Cholesterol. Readers Digest. Pleasantville, NY. 2003.

Katz DL, with Gonzalez M. <u>The Way to Eat</u>. Sourcebooks, Inc. (in Cooperation with the American Dietetic Association). Naperville, IL. 2002

Katz DL. <u>Clinical Epidemiology & Evidence-based Medicine</u>. Fundamental Principles of Clinical Reasoning & Research. Sage Publications, Inc. Thousand Oaks, CA. 2001

Jekel JF, **Katz DL**, Elmore JG. <u>Epidemiology</u>, <u>Biostatistics</u>, and <u>Preventive Medicine</u>. 2nd <u>edition</u>. Harcourt Health Sciences. Philadelphia, PA. 2001

Katz DL. Nutrition in Clinical Practice. Lippincott-Williams & Wilkins. Philadelphia, PA. 2000

Jekel JF, in collaboration with Elmore JG and **Katz DL**. <u>Epidemiology</u>, <u>Biostatistics and</u> <u>Preventive Medicine</u>. W.B. Saunders Co., Philadelphia PA. 1996.

- Translated into Portuguese: 1999
- Translated into Italian: 1996

Katz DL. <u>Epidemiology, Biostatistics and Preventive Medicine Review</u>. W.B. Saunders Co. Philadelphia PA. 1997.

- Translated into Portuguese: 2001

• Articles/Chapters

Katz DL, Evans M, Chan W, Nawaz H, Comerford B, Hoxley M, Njike V, Sarrel P. Oats, antioxidants and endothelial function in adults with features of insulin resistance. *J Am Coll Nutr*. 2004 Oct;23(5):397-403.

Katz DL. Life Style And Dietary Modification For Prevention Of Heart Failure. *Medical Clinics* of North America. 2004; 88(5): 1295-1320.

Katz DL. Competing Dietary Claims for Weight Loss: Finding the Forest Through Truculent Trees. Annual Review of Public Health. August 2004. Available from: URL: http://arjournals.annualreviews.org/doi/abs/10.1146/annurev.publhealth.26.021304.144415.

Martin C, Njike V, Katz DL. Back-up Antibiotic Prescriptions Could Reduce Unnecessary Antbiotic Use in Rhinosinusitis. *Journal of Clinical Epidemiology*. April 2004; 57(4): 429-434.

Katz, DL. Fiddling (with fats and carbohydrates) while Rome burns. *Evidence Based Integrative Medicine*. 2004; 1(1): 3.

Katz DL. A glimpse of things to come: featured abstracts from the 18th National Conference on Chronic Disease Prevention and Control: . Preventing Chronic Disease 2004. Available from: URL: <u>http://www.cdc.gov/pcd/issues/2004/apr/04_0002.htm</u>.

Katz DL. Acting in defense of the medical literature. Medscape General Medicine 6(1), 2004. Available from: URL: <u>http://www.medscape.com/viewarticle/470713</u>.

O'Connell M, Jennings G, Greci L, **Katz DL**, Freeman M, Manta I. Smoking Cessation for High School Students: Process Evaluation of a Tailored Program – Amity. *Behavior Modification*. 2004 Jan; 28(1): 133-46.

Katz DL. Representing your community in community-based participatory research: differences made and measured. Preventing Chronic Disease [serial online] 2004. Available from: URL: http://www.cdc.gov/pcd/issues/2004/jan/03_0024.htm

Katz DL. The Threat Of Childhood Obesity: Time To Stop Fiddling Around! School of the 21st Century Newsletter. Fall, 2003: 1,7.

Katz DL, Behrman A, Girard C, Adelson H, Schiller-Liberti L, Williams A. **Teaching evidencebased integrative medicine: description of a model programme.** Evidence Based Integrative Medicine. 2003; 1(1): 77-82.

Yeh MC, Rodriguez E, Nawaz H, Gonzalez M, Nakamoto D, **Katz DL**. Technical Skills for Weight Loss: Two-year follow-up results of a randomized trial. *International Journal of Obesity*. 2003 Dec; 27(12): 1500-6.

Katz DL. Pandemic Obesity & The Contagion Of Nutritional Nonsense. *Public Health Reviews*. 2003; 31:33-44.

Wild D, Nawaz H, Chan W, **Katz DL**. Effects of interdisciplinary rounds on length of stay in a telemetry unit. *J Public Health Management Practice*. 2004; 10(1):69-75.

Katz DL. Pedagogical Pathways to Competency in Non-Conventional Medical Practices. *Fundación Medicina y Humanidades Médicas*. 2003; 2:77.

Katz DL. Integrating Complementary & Alternative Practices into Conventional Care. In: Putting Patients First: Designing and Practicing Patient-Centered Care. San Francisco, CA: Jossey-Bass Publishers, Inc; 2003. p. 147-161.

Katz DL, Boukhalil J, Lucan S, Shah D, Chan W, Yeh M.C., Impediment Profiling for Smoking Cessation: Preliminary Experience. *Behavior Modification*. 2003; 27(4):524-537.

Katz DL. Maintaining a Healthy Weight. Personal Excellence. January 2003.

Katz DL, Williams A, Girard C, Goodman J, Comerford B, Behrman A, Bracken M. Evidence Mapping: Introduction of Methods with Application to Complementary and Alternative Medicine Research, *Alternative Therapies In Health and Medicine*, 2003 July/August, 9(4): 22-30.

O'Connell M, Lucan SC, Yeh MC, Rodriguez E, Shah D, Chan W, Katz DL. Impediment Profiling for Smoking Cessation: Results of a Pilot Study, *American Journal of Health Promotion*, 2003 May/June, 17(5): 300-3

Greci LS, Kailasam M, Malkani S, Katz DL, Hulinsky I, Ahmadi R, Nawaz H. Utility of HbA(1c) Levels for Diabetes Case Finding in Hospitalized Patients With Hyperglycemia. *Diabetes Care*, 2003; 26(4):1064-8

Pagano-Therrien J, **Katz DL**. The Low-Down on Low-Carbohydrate Diets: Responding to Your Patients' Enthusiasm. The *Nurse Practitioner*, 2003; 28(3):5, 14.

Katz DL, Webb K, Yeh M-C. Nutrition, Childhood. In: Gulotta TP, Bloom M, editors. Encyclopedia of Primary Prevention and Health Promotion. New York, NY: Kluwer Academic/ Plenum Publishers; 2003. p. 721-29.

Katz DL, Yeh M-C, Webb K. Nutrition, Early Childhood. In: Gulotta TP, Bloom M, editors. Encyclopedia of Primary Prevention and Health Promotion. New York, NY: Kluwer Academic/ Plenum Publishers; 2003. p. 713-20.

Sarrel PM, Nawaz H, Chan W, Fuchs M, Katz DL. Raloxifene and endothelial function in healthy postmenopausal women. *Am J Obstet Gynecol* 2003;188(2):304-9.

Katz DL, Nawaz H, Evans MA, Njike VY, Comerford BP, Hoxley ML. Short-term egg consumption does not adversely affect endothelial function in healthy adults. [abstract] JADA 2002;102 (Supplement):A-12.

Katz, DL. Effective Dietary Counseling: Helping Patients Find and Follow "The Way" to Eat. The West Virginia Medical Journal, 2002;98:173-176.

Katz DL, Lane DS. Guidance at the Many Edges of Evidence: Position Statements of the American College of Preventive Medicine (commentary). Am J Prev Med 2002 Nov;23(4):312-3.

Katz DL, Chan W, Gonzalez M, Larson D, Nawaz H, Abdulrahman M, Yeh MC. Technical skills for weight loss: preliminary data from a randomized trial. Prev Med. 2002;34:608-15.

Katz DL, Nawaz, H, Boukhalil J, Chan W, Ahmadi R, Giannamore V, and Sarrel P. Effects of Oat and Wheat Cereals on Endothelial Responses. *Prev Med.* 2001; 33(6); 476-484.

Hu K.K., Maung C., and **Katz DL**. Clinical Diagnosis of Malaria On The Thai-Myanmar Border. *Yale J Biol Med* 74(5):303-308, 2001.

Madi AM, Greci LS, Nawaz H, **Katz DL**. The activated partial thromboplastin time in early diagnosis of myocardial infarction. *Blood Coagul Fibrinolysis*. 2001;12:495-9.

Nawaz H, Rahman M, Graham D, Jekel J, **Katz DL**. Health Risk Behaviors and Health Perceptions in the Peruvian Amazon. *American Journal Of Tropical Medicine And Hygiene*. 2001:65(3):252-256.

Merrell GA, Barrie KA, **Katz DL**, Wolfe SW. Results of nerve transfer techniques for restoration of shoulder and elbow function in the context of a meta-analysis of the English literature. *J Hand Surg* [Am] 2001 Mar;26(2):303-14

Nawaz, H, **Katz DL**. Weight Management Counseling by Physicians, American College of Preventive Medicine Practice Policy. *Am J Prev Med*. 2001; 21(1):73-78.

Nawaz H, Chan W, Abdulrahman M, Larson D, **Katz DL**. Self-Reported Weight And Height: Implications For Obesity Research. *Am J Prev Med*. 2001;20(4):294-298.

Eliaszadeh P, Boukhalil J, Nawaz H, **Katz DL**. Case management for congestive heart failure: cost benefit analysis of a community hospital program. *Disease Management*. 2001;4(1):25-32.

Katz DL, Nawaz H, Boukhalil J, Giannamore V, Chan W, Ahmadi R, Sarrel P. Acute Effects of Oats and Vitamin E on Endothelial Responses to Ingested Fat. *Am J Prev Med.* 2001;20(2): 124-129.

Katz DL. Behavior Modification in Primary Care: The Pressure System Model. *Preventive Medicine*, 2001;32:66-72.

Katz DL, Nawaz H, Jennings G, Chan W, Ballard J, Comerford B, Spargo K, Walsh J. Community Health Promotion and the Randomized, Controlled Trial: Approaches to Finding Common Ground. *Journal of Public Health Management and Practice*. 2001; 7(2);33-40.

Nawaz H, Adams M, **Katz, DL**. Physician-Patient Interactions Regarding Diet, Exercise and Smoking. *Preventive Medicine*. 2000;31(6): 652-657.

Nawaz H, Smith DS, Mazhari R, **Katz DL**. Concordance of Clinical Findings and Clinical Judgment in the Diagnosis of Streptococcal Pharyngitis. *Academic Emergency Medicine*. 2000: 7(10), 1104-1109.

Madi A, Plavec M, Nawaz H, **Katz DL**. Peri-Operative Aspirin Can Prevent Post-Operative Ischemia And Thrombosis. *Medical Hypotheses*, 2000;55(2):164-167.

Katz DL, Nawaz H, Ahmadi R, DeLuca V, Cashman S, Fulmer H, Jekel JF. An Integrated Residency in Internal and Preventive Medicine. *Academic Medicine*. 2000;75(1):41-49.

Katz DL, Mazhari R, Kalus R, Nawaz H. Preventable In-Patient Time: Adequacy of the Electronic Patient Information System. *Am J Public Health*. 1999;89(12):1885-89.

Nawaz H, **Katz DL**. American College of Preventive Medicine Position Statement on Post-Menopausal Hormone Replacement Therapy. *Am J Prev Med*. 1999;17(3):250-4.

Nawaz H, Adams M, **Katz DL**. Weight Loss Counseling by Health Care Providers. *Am J Public Health*. 1999;89:764-767.

Carter M, **Katz DL**, Haque S, DeLuca VA. Does acid suppression by antacids and H2 receptor antagonists increase the incidence of atrophic gastritis in patients with or without H. pylori gastritis? J Clin Gastroenterol 1999;29(2):183-7

DeLuca VA, West AB, Haque S, **Katz DL**, Ciarolla D, Goldenberg S, Fette G. Long-term Symptom Patterns, Endoscopic Findings and Gastric Histology in H. Pylori Infected and Uninfected Patients. *J Clin Gastroenterol*. 1998;26:106-112

Hayslett JP, **Katz DL**, Knudson J. Dilutional hyponatremia in pre-eclampsia. *Am J Obstet Gynecol*, 1998;179:1312-1316.

Katz DL, Brunner RL, St. Jeor ST, Scott B, Jekel JF, Brownell KD. Dietary Fat Consumption in a Cohort of American Adults, 1985-1991: Secular Trends and Covariates. *Am J Health Promot*. 1998;12:382-390

Katz DL, Zheng T, Holford T, Flannery J. Time Trends in the Incidence of Renal Carcinoma: Analysis of Connecticut Tumor Registry Data, 1935-1989. *Int J Cancer*. 1994;58:57-63.

Katz, DL. Hypertensive Crises and the Iatrogenics of Nomenclature. *Iatrogenics*. 1991;1:176-181.

Abstracts/Letters

Katz, DL. Atkins advice indigestible! (letter) *The New York Times*. Saturday, January 24, 2004; A14.

Katz, DL. Letter in response to "Naturopathy: A Critical Appraisal". *Medscape General Medicine*. In press; January, 2004.

Sarrel P, Nawaz H, Chan W, Fuchs M, **Katz DL**. Raloxifene Improves Brachial Artery and Mircrocirculatory Flow-Mediated Dilation in Healthy Postmenopausal Women (abstract). *Circulation*. 2000;102(18):107.

Greci, L, **Katz, DL**. Vaccinations in Pneumonia (VIP): A Study of Pneumoccocal and Influenza Vaccination Patterns Among Patients Hospitalized for Pneumonia. *Connecticut Medicine*, 2001;65(8):469.

Katz DL. Glycemic load and the risk of coronary heart disease (letter). Am J Clin Nutr 2001 Jan; 73(1):131-132.

Katz DL. Sequential Use of Conventional and Unconventional Therapies (letter). *JAMA*, 2000;281(1):56

Nawaz H, Adams M, **Katz DL**. Weight Loss Counseling by Health Care Providers. Abstract: *JAMA*, 1999; 282(16):1506.

Katz DL. Cholesterol and Coronary Heart Disease Risk in Elderly Patients (letter). *JAMA*. 1995;273;1329-1330.

Katz DL. Long-Term Clinical Outcomes of Lyme Disease (letter). *Annals Int. Med.* 1995;122:960-961.

Katz DL. Cost-Effectiveness of Combined Statin-Resin Therapy (letter). *Annals Int Med.* 1994;121:548

Katz DL. Obesity Gene 'Flaw' Once Served Us Well (letter). *The New York Times*. Fri., Dec. 9, 1994. A32

• Op Ed

Katz DL. The Scarlet Burger. Wall Street Journal. November 19, 2003.

Katz DL. The Food Supply, for Dummies. Hartford Courant. DATE

Katz DL. Obesity: Another Form of Mass Destruction. Hartford Courant. DATE

• Other (Essays, Poems, Newsletters, Columns)

Katz DL. Illiterati (poem). JAMA. 1994;271:1890m.

Katz DL. Conflict, Conscience and Extinction: Ethics in the Purview of Natural Selection. Bitterroot. Autumn 1991;xxx;100:93-97.

Katz DL. Illiterati. In: Threads of Experience (Anthology). Papier Mache Press. 1996.

Poems published in: JAMA, *Bitterroot, American Poetry Anthology, Dan River Anthology* (partial list).

Katz DL. Protective Maintenance of Your Heart: How to Take a Beating Without Beating Back. *Care* Newsletter. Yale University Health Services Center for Health Education and Preventive Medicine. 1994;vol. 1 No 3.

Katz DL. To Diet or Not to Diet?...Weight Loss Worth Waiting For. *Care* Newsletter. Yale University Health Services Center for Health Education and Preventive Medicine. 1994;vol. 1. No. 4.

Katz DL. Antioxidants: Take 'em or Eat 'em? *Care* Newsletter. Yale University Health Services Center for Health Education and Preventive Medicine. 1994;vol. L. no. 5.

Katz DL. Ode to Osteoblasts. Everything (almost) we need to know about Calcium, Menopause, and Osteoporosis, We Learned in Kindergarten. Care Newsletter. Yale University Health Services Center for Health Education and Preventive Medicine. 1994;vol. L. no. 7.

Katz DL. Why Hearts Need Love. *Care* Newsletter. Yale University Health Services Center for Health Education and Preventive Medicine. May, 1995.

Newspaper Column: Weekly preventive medicine column in the *New Haven Register*, beginning November, 1997.

Nutrition Columnist for "O" (the Oprah Magazine; starting 12/02)

• IN PRESS / REQUESTED

•Books

Katz DL with Gordon D. Stealth Health. Readers Digest. In preparation: 5/04.

Katz DL with Katz CS. The Full Flavor Diet. Rodale, Inc., In preparation for publication, 1/06.

Katz DL. Nutrition in Clinical Practice. 2nd Edition. Lippincott Williams & Wilkins. In preparation: 5/04.

• Articles/Chapters

Katz DL, Evans M, Nawaz H, Njike V, Chan W, Comerford B, Hoxley M. Egg Consumption & Endothelial Function: A Randomized Controlled Crossover Trial. *International Journal of Cardiology*. In press: 9/04.

Webb KE, Horton NJ, **Katz DL**. Parental IQ and cognitive development of malnourished Indonesian children. *European Journal of Clinical Nutrition*. In press: 10/04.

Katz DL, Sabina A, Williams AL, Alonzo HK, Bansal S, Chupp G. Yoga Intervention for Adult Patients with Mild to Moderate Asthma: A Pilot Study. *Annals of Allergy, Asthma and Immunology*. In press: 12/04.

• UNDER REVIEW

Articles/Chapters

Matchar D, **Katz DL**. EPC: Dissemination and Implementation of Evidence-based Practice. Under review: *Annals of Internal Medicine*. 12/04.

Lucan S, **Katz DL.** Patient age, number and type of clinical encounters, and provider advice to quit smoking. Brfss 2000. Under review: *American Journal of Health Promotion*. 11/04.

Jacobs J, Williams A, Girard C, Yanchou Njike V, Katz D. Homeopathy for Attention-Deficit Hyperactivity Disorder- A Pilot Randomized-Controlled Trial. Under review: *Journal of Alternative and Complementary Medicine*. 10/04.

Katz DL, O'Connell M, Ali A. Evidence-based Weight Control. Under review: *Nutrition Research Reviews*. 9/04.

Williams A, Cotter A, Sabina A, Girard C, Goodman J, Katz D. The Role for Vitamin B-6 as Treatment for Depression. Under review: *Family Practice*. 9/04.

O'Connell M, Yanchou Njike V, Veysman B, **Katz DL**. Impediment profiling for 'smoking cessation: Evaluation using a retrospective cohort design. Under review: *Behavior Modification*. 8/04.

Williams A, Molde S, McCorkle R, **Katz DL**. Randomized Controlled Trial of Meditation and Massage Effects on Quality of Life in People with Advanced AIDS: A Pilot Study. Under review: *Journal of Palliative Medicine*. 12/04.

Hartwig KA, Dunville RL, Kim MH, Levy B, Zaharek MM, Yanchou Njike V, **Katz DL**. Promoting Healthy People 2010 through Small Grants. Under review: *Health Promotion Practice*. 11/04.

Lederman J, Ballard J, Njike V, Margolies L, **Katz DL**.Coronary Computed Tomography & Cardiac Risk in Healthy Post-Menopausal Women: A Randomized Trial. Under review: *Journal of Clinical Epidemiology*. 1/05.

IN PREPARATION

Books

Katz DL with Gordon D. Stealth Health. Readers Digest. In preparation: 5/04

Katz DL with Katz CS. The Full Flavor Diet. Rodale, Inc., In preparation for publication 1/06.

Katz DL. Nutrition in Clinical Practice. 2nd Edition. Lippincott Williams & Wilkins. In preparation: 5/04.

• Articles/Chapters

Behavioral Correlates of Physical Activity among Youth in Five Connecticut Communities. Troped PJ, Nappi S, Pate RR, **Katz DL.** 12/04.

At-home Exercise Regimen for Outcome Benefit in CHF. Alonzo HK, Troped P, Katz DL; 5/04.

PRESENTATIONS/ABSTRACTS (CONFERENCES)

American Teachers of Preventive Medicine 2003 Annual Meeting, "Impediment Profiling for Smoking Cessation: From Protocol to Practice?", Albuquerque, NM, 3/03

Katz DL, Nawaz H, Evans M, Njike V, Comerford B, Hoxley M. Short-Term Egg Consumption Does Not Adversely Affect Endothelial Function in Healthy Adults. American Dietetic Association Annual Meeting. 10/02

Katz DL, Evans M, Chan W, Nawaz H, Comerford B, Hoxley M, Sarrel P. Oats, Antioxidants and Endothelial Function in Adults with Clinical Features of Insulin Resistance. American Diabetes Association Annual Meeting, San Francisco, CA. 6/02

Sarrel P, Nawaz H, Chan W, Fuchs M, **Katz DL**. Raloxifene Improves Brachial Artery and Mircrocirculatory Flow-Mediated Dilation in Healthy Postmenopausal Women. American Heart Association Annual Meeting. 11/00

Katz DL. Developing an integrative medicine research agenda, American Public Health Association Conference. Boston MA. 11/00

Katz DL. *In Search Of* the Optimal Diet: Convictions, Consensus, and Controversies at the Century's Cusp. American Dietetic Association. Denver, CO. 10/00

Chan W, MPH, Nawaz H, MD, MPH, Abdulrahman M, MD, **Katz DL**, MD, MPH, Discrepancy in Self-Reported and Measured Weight and Height in Women Participating in a Weight Loss Study. CDC Prevention Research Center Annual Meeting. Atlanta 2/00

Katz DL, Nawaz H, Boukhalil J, Sarrel P, Ahmadi R. Acute Nutrient Effect on Endothelial Function: A Randomized, Single-Blind Crossover Trial in Healthy Adults. CDC Prevention Research Center Annual Meeting. Atlanta. 2/00

Katz DL, Nawaz, H, Boukhalil J, Chan W, Ahmadi R, Giannamore V, Sarrel P, Endothelial Responses to Ingested Fat Following Month-Long Supplementation with Oat and Wheat Cereals: A Randomized, Double-Blind Crossover Trial in Healthy Adults. CDC Prevention Research Center Annual Meeting. Atlanta 2/00

Madi, A,Greci L, Nawaz H, **Katz DL**. The Significance of a Shortened Activated Partial Thromboplastin Time in Patients Admitted for Chest Pain. CDC Prevention Research Center Annual Meeting. Atlanta. 2/00

Acute Nutrient Effect on Endothelial Function: A Randomized, Single-Blind Crossover Trial in Healthy Adults. American College of Nutrition. Washington, DC 10/99

Boukhalil J, Nawaz H, Eliaszadeh P, **Katz DL**. Case management for congestive heart failure: cost benefit analysis of a community hospital program. Poster: Prevention '99. Washington, D.C., 3/99.

Invited lecture: Exercise in the management of congestive heart failure. Connecticut Hospital Association. Wallingford, CT. 3/99

Delegate for the Association of Teachers of Preventive Medicine; Careers in Preventive Medicine. AMSA National Convention. Chicago. 3/99

Presentation: Careers in Preventive Medicine. AMSA National Convention. Chicago. 3/99

American College of Physicians, CT chapter, scientific meeting: posters presented 1997, 1998, 1999

Nawaz H, Mazhari R, **Katz DL**. Abstract: Gaps in the Electronic Medical Record. Presented at Prevention '98. San Francisco; April, 1998

Integrated Training in Preventive Medicine and Internal Medicine. HRSA conference. Washington, DC. January 9-10, 1997.

Innovations In Teaching Preventive Medicine. Prevention '97. Atlanta GA. March, 1997.

INVITED TALKS:

New York State Department of Health, Diabetes Prevention and Control Program/Eat Well Play Hard/Healthy Heart/Steps to a Healthier New York: "Be a Power Eater. The Good Foods or Great Kids Program", Albany, New York: 9/04

Dartmouth College: "The Truth About Dieting: How Clueless Are We?" and "Family Food Relationships: What Are We Learning at the Dinner Table?" Hanover, NH; 4/04

Middle East Conference On Obesity, Lyons, France; 3/04

ATPM 2004 Teaching Prevention Institute: Approaches to Teaching Obesity and Diabetes Prevention in the Classroom and the Community, New Orleans, LA; 3/04

5th Annual Florida School Health & Higher Education Symposium: "The Basic (Care &) Feeding of Homo Sapiens: Are We Truly Clueless?" Safety Harbor, FL; 2/04

2003-2004Health Disparities Collaborative: "Self Management: Health Literacy & Nutrition", Nashville, TN; 2/04

Preventive Medicine, 2004 (ACPM), "Family Matters: Thinking Globally, Acting Locally in Defense of Childhood Obesity", Orlando, FL, 2/04

NHLBI Healthy Weight Community Outreach Initiative Strategy Development Workshop: "Best Practices – Promising Prevention Interventions", NIH Campus, Bethesda, MD; 2/04

18th Annual Chronic Disease Conference, Washington, D.C., 2/04

Keynote Speaker, 5th Annual Coordinated School Health Higher Education Symposium, Safety Harbor, FL, 2/04

Clinical Trials to Community: The Science of Translating Diabetes and Obesity Research conference; NIDDK and OBSSR/OD, NIH; and CD, Bethesda, MD, 1/04

Medical **Grand Rounds**, Lawrence and Memorial Hospital, New London, CT; 12/03: Clinical Nutrition/Dietary Counseling or Obesity

CME Lecture at Nyack Hospital, Nyack, NY: "The Basic (Care &) Feeding of Homo Sapiens: Are We Truly Clueless?" 12/03

Florida Department of Health - Governors Task Force on the Obesity Epidemic: "Nutrition Research: Why Aren't We Eating Right?" Orlando, FL; 11/03

Massachusetts Dietetic Association's Fall Conference: Obesity Panel Discussion. Westborough, MA; 11/03

Canadian Cardiovascular Congress: "The Basic Care and Feeding of Homo Sapiens: Consensus, Controversy or Cluelessness?" 10/03

Medical Grand Rounds, Hurley Medical Center, Flint, MI; 10/03

Morbid Obesity: Option and Outcomes Conference, Dartmouth-Hitchcock Medical Center, Lebanon, NH; 10/03

Medical Grand Rounds, Danbury Hospital, 10/8/03: "Obesity & Nutrition"

Obesity Forum: Secretary of Health; Washington, DC, 7/03

Keynote speaker, Florida Dietetic Association 2003 annual symposium, Naples, FL, 7/03

Keynote speaker, Spectrum Health Spring Conference on Obesity, Grand Rapids, MI, 5/03

Secretary's Healthier US Prevention Summit, Obesity Prevention, Baltimore, MD, 4/03

"Sowing Seeds for the Future: Healthy People 2010 Microgrants", 3/03

"Evening of the Stars", Charter Oak Health Center, Hartford, CT, 11/02

Keynote speaker, 30th Annual Tuuri Day Conference, Mott Children's Health Center, Flint, MI, "Prevention & Control of Childhood Obesity: Insights from the Bird's Eye View", 9/02

American Association of Cardiovascular and Pulmonary Rehabilitation annual meeting "ABC's of Cardiovascular Disease Prevention - What Really Works?" Charlotte, NC, 9/02

Connecticut Multicultural Health Summit, "Nutrition, Health Literacy & Minority Health: Reading the Writing on the Wall", 8/02

Florida Dietetic Association, "The Way to Eat: from Obstacles to Opportunities in a 'Toxic' Nutritional Environment" Ft. Lauderdale, FL, 7/02

Cardiovascular Health In Appalachia Partnering for Change. "The Way to Eat: from Obstacles to Opportunities in a 'Toxic' Nutritional Environment" Snowshoe, WV, 6/02

Medical **Grand Rounds**, Dartmouth Medical School, 7/12/02: "Obesity: from Obstacles to Opportunities in a 'Toxic' Nutritional Environment"

Keynote Speaker, OSF Saint Anthony Medical Center, 63rd annual Theodor Lang May Day Clinic, "In Search of the Optimal Diet: Exploring the Convictions, Controversies and Consensus", Rockford, IL, 5/02

Quaker Oats Company. Matures In The New Millennium: Boomer Cardiovascular Health (CV) -- Nutrition & Lifestyle Challenges (Editor's conference). New York, NY 5/02

American Teachers of Preventive Medicine annual meeting, "Obesity Prevention & Control: From Obstacles to Opportunities", Washington DC, 3/02

American Association of Diabetes Educators, "Diet, Drugs, Diabetes & Cardiac Risk Blending the Best of Science and Nature in Prevention & Control", 3/02

American College of Nurse Practitioners Annual Meeting presentation "CV Risk Factors in Diabetes: Diet, Exercise and Treatment", Atlanta, GA, 10/01

The American Dietetic Association presentation "Beyond Cholesterol--What Dietitians Need to Know About Heart Health", St. Louis, MO, 10/01

The American Association of Diabetes Educators session, "Emerging Cardiovascular Risk Factors in Patients with Diabetes: Diet and Treatment Update", Louisville, KY, 8/01

Bridgeport Hospital Grand Rounds, August. 30, 2001: Obesity. Bridgeport, CT.

State University of New York, Stony Brook School of Medicine, 27th Annual Family Medicine Update, 6/01

West Virginia State Health Education Conference, 4/01

Moderator/Speaker: Preventive Medicine in the 21st Century; National Institute for Community Health Education; Quinnipiac University. Hamden, CT. April 3, 2001 (Keynote Speaker: Dr. Dean Ornish), 4/01.

Illinois Dietetic Association Assembly, 3/01

American College of Preventive Medicine; Miami, Fla. 2/01

American Dietetic Association Food and Nutrition Conference, Chicago, IL. 10/00

Quaker Oats Conference, The Counter-Revolution: Making a Case for Carbohydrates in the American Diet, Chicago, IL. 6/00

Connecticut Infection Control Nurses Association, Griffin Hospital Integrative Medicine Center Model, 3/00

Bridgeport Business Council, Prevention Research Center and Integrative Medicine Center, 2/00.

Numerous other talks at national meetings, hospital grand rounds, local civic and medical groups.

Grants awarded:

Katz DL (PI): Chromium Effects in Impaired Glucose Tolerance; NIH/NCCAM; **\$125,000** over 2 years. 8/03

Katz DL (PI): IVMT- Intravenous Micronutrient Therapy for Fibromyalgia Syndrome; NIH/ NCCAM; **\$100,000** over 1 year. 8/03

Katz DL (PI): Partners Reducing Effects of Diabetes: Initiatives Through Collaboration and Teamwork (PREDICT); Connecticut Health Foundation; **\$600,000** over 2 years. 1/03

Katz DL (PI): A Health Literacy Program to Improve the Prevention of Diabetic Foot Disease in African-American Communities; Pfizer; **\$100,000** over 2 years. 6/02

Katz DL (PI): Community Microgrant; DHHS; \$800,000 over 2 years. 10/01

Katz DL (PI): MIEL: Meditation and Massage in End of Life; NIH/NINR; **\$100,000** / yr (2 years). 9/01

Katz DL (PI): "Fruit and Vegetable Consumption in Multi-Ethnic, Adult Groups." CDC. **\$300,000** / yr (2 years). 8/01

Katz DL (PI): "Physician Counseling and Patient Risk Factors for Chronic Disease." American Heart Association. **\$74,800**. 6/01.

Katz DL (PI): Endothelial Function in Response to Acute and Sustained Consumption of Isoflavone concentrate and Lecithin by Healthy Postmenopausal Women. Eridania Béghin-Say America, Inc. **\$126,355**. 6/01.

Katz DL (PI): <u>Phytoestrogen & Raloxifene EF</u>fects on <u>Endothelial Reactivity</u> (PREFER). Eli Lilly and Company. **\$97,400**. 3/01.

Katz DL (PI): Optimizing the Practice-Based Assessment of CAM. CDC. **\$400,000** / yr (2 years). 10/00.

Katz DL (PI): Evidence-Based Guidelines-Obesity Prevention and Control. CDC. **\$150,000** / yr (2 years). 10/00.

Katz DL (PI): CDC Supplemental Funding to Enhance the PRC's Core Infrastructure. CDC. **\$17,898**. 10/00

Katz DL (PI). At-home Exercise Regimen for Outcome Benefit in CHF. CDC. **\$100,000** / yr (2 years). 10/00.

Katz DL (PI): Randomized, Crossover Study of Endothelial Function Responses to Acute and Sustained Egg Consumption in Healthy Subjects. Egg Nutrition Center. USDA. **\$142,200**. 3/00

Katz DL (PI) et al. Nutrient effects on endothelial function in the insulin resistance syndrome. Quaker Oats Co. **\$480,000** over 2 years. 9/99

Katz DL (Study PI): Statewide Oral Health Surveillance System. CDC. **\$50,000**. 9/99; renewed for **\$100,000**. 10/00

Katz DL (PI), Sarrel P (co-PI). Raloxifene and endothelial function. Eli Lilly Co. \$50,000. 3/99

Merson MH (PI), **Katz DL** (co-PI; Center Director; principal author of grant application). Yale-Griffin Prevention Research Center Grant. Funding Source: CDC. Total award: approximately **\$3 million** over 5 years. Notification date: 9/30/98.

Katz DL (PI); Diet and Endothelial Function. Total Grant: **\$153,000** Funding Source: Quaker Oats, Co. 7/98

Katz, DL. Lecture Series in Human Nutrition. Yale University School of Medicine. Educational Grant. Merck Pharmaceuticals. **\$6,000**. 1/95; 1/96.

<u>PEER REVIEW</u>: Journals:

Reviewer: U.S. Preventive Services Task Force – Pediatric Obesity Review; 2004.

Member, Editorial Board: Clinical Nutrition Updates; 2001.

Reviewer: Blood Coagulation & Fibrinolysis; 2001.

Member, Editorial Board: Am J Prev Med; 2001

Reviewer: Preventive Medicine in Managed Care. 2001.

Reviewer: Am J Prev Med. 2001.

Reviewer: American Journal of Preventive Medicine. 2000.

Reviewer: Yale Journal of Biology and Medicine. 2000.

Reviewer: Annals of Epidemiology. 2000.

Reviewer: American Journal of Public Health. 1999-

STUDY SECTIONS:

Reviewer: NIH/NCCAM, Special Emphasis Panelist (Chair); CAM and HIV/AIDS. 4/03.

Reviewer: CDC Special Emphasis Panelists; Community Based Participatory Research. 6/02.

Reviewer: NIH/NCCAM Special Emphasis Panelist (Chair); CAM therapies in HIV. 6/02

Reviewer: Prevention of Obesity. NIH. Bethesda, MD, 7/99

Reviewer: Screening for lipid disorders. Research Triangle Institute, 11/99

Reviewer: Special Award in Nutrition Education. NHLBI; NIH. Member, Peer review panel. Washington, D.C. 6/98

Judge: American college of Physicians, Connecticut Chapter Scientific Meeting. Trumbull, CT. 1997, 1998, 1999, 2000-

Reviewer: MD thesis committee, Yale University School of Medicine. 1996-

STUDIES IN PROGRESS:

- Katz DL (PI): Partners Reducing Effects of Diabetes: Initiatives Through Collaboration and Teamwork (PREDICT)
- Katz DL (PI). Optimizing the Practice-Based Assessment of CAM
- Katz DL (PI). Evidence-Based Guidelines-Obesity Prevention and Control
- Katz DL (PI). Endothelial Function in Response to Acute and Sustained Consumption of Isoflavone concentrate and Lecithin by Healthy Postmenopausal Women
- Katz DL (PI). "Training Resident Physicians to Promote Physical Activity: A Randomized Trial"
- Katz DL (PI). Meditation and Massage in End of Life (MIEL)
- Katz DL (PI). Healthy People 2010: Community Implementation Micro-Grant Pilot Program Application
- Katz DL (PI). Creating Healthy and Nicotine-Free Griffin Employees (CHANGE)
- Katz DL (PI). Multidisciplinary Case Management and Home Based Exercise in Congestive Heart Failure Improving Functional Status and Preventing Rehospitalization

Katz DL (PI). Fruit And Veg. Develop And Test Survey Tools Assessing Determinants Of, And Barriers To, Fruit/Vegetable Consumption In Multi-Ethnic, Adult Populations

Katz DL (PI). A Health Literacy Program to Improve the Prevention of Diabetic Foot Disease in African-American Communities.

COMPLETED STUDIES:

Katz DL (PI). Innovative/Integrated use of Data for Evaluation and Surveillance (IDEAS)

- Katz DL (PI). A Retrospective Comparison of Smoking Cessation Data: Tailored Interventions for Smoking Cessation Follow-Up Study
- Katz DL (PI). Evaluating a Smoking Cessation Program for High School Students
- Katz DL (PI). Acute and Sustained Supplementation with Oat and Vitamin E in Insulin Resistant Subjects, *Endothelial Responses to Fatty Challenge*
- Katz DL (PI). Randomized, Crossover Study of Endothelial Function Responses to Acute and Sustained Egg Consumption in Healthy Subjects
- Katz DL (PI). Phytoestrogen & <u>Raloxifene EF</u>fects on <u>Endothelial Reactivity</u> (PREFER)
- Katz DL(PI). Tailored Interventions for Smoking Cessation (TISC).
- Katz DL (PI). Impact on Length of Hospitalization, Readmissions and Costs of Care of Projecting the Date of Discharge.
- Katz DL (PI). Stability of the cholesterol/HDL ratio during acute illness.
- Katz DL (PI). Utility of the glycosylated hemoglobin in the diagnosis of diabetes at the time of hospitalization.
- Katz DL(PI). Technical Skills for Weight Management.

Katz DL(PI). Coronary Risk Factor Screening and Behavior Change in Women.

COMMUNITY SERVICE:

Clinical Preceptor, the HOPE Homeless Project. New Haven, CT 1994-1996.

Consultant, Project CoNECT (community health risk appraisal). Lower Naugatuck Valley. 1997present

Founder, Griffin Health Promotion Exchange. 1997

MEDIA APPEARANCES: (excerpted)

Good Morning America, frequent guest and behind-the-scenes consultant, New York, NY, 2004

Citizens Television, "Kids First with Dr. Mayo", New Haven, CT, February 2004

Kips Bay Boarders (book signing), New York, NY, February 2004

48 Hours (CBS News), New York, NY, February 2004

20/20 (ABC News) interview with Lynn Sherr, December 3, 2003

Consulting Nutrition Expert/Columnist to "O" Magazine: effective December2002

"Through the obstacle course," monthly columnist for eDiets.com

WTNH, news channel 8, monthly "Healthy Living" segment on weekend morning show

Feature in "O" Magazine; "The Smart Way to Eat," August, 2002

Voice of America: Fad Diets. Ft. Lauderdale, Florida. July 2002

NBC Local Affiliate, Miami/Ft. Lauderdale, Florida. The Way to Eat. July 2002

WOR Radio: Shopping Smart with Phil Lempert. Live national broadcast: August 2002

Satellite Media Tour: Oatmeal and cardiac health. Ketchum. September 2000.

WebMD Medical News "Oatmeal: It Isn't Just for Breakfast (or Facemasks) Anymore, Study Shows a Bowl of Oatmeal Preserves Blood Flow After High Fat Meal" October 8, 1999.

WTNH, News Channel 8. "Oats and Cardiovascular Health" October 5, 1999.

Medical commentary provided on request to the New Haven Register; 1998-

New Haven Register. Weekly Preventive Medicine Column. 1997-

Connecticut Post. "Flu Pill Praised, Panned." January 30, 1997

WOR News Radio New York. Talk Show, "Obesity and Diet" December 9, 1994

Numerous interviews for magazines (including *Prevention; Glamour; Woman's World; O; Remedy; Child's Health; Modern Maturity*) and newspapers

INVENTIONS:

Katz DL. Oto-Nasal Foreign Body Extraction Catheter ("Kiddy-Cath") U.S. Patent No. 5,454,817. Issued Oct. 3, 1995.

Katz DL. Anatomically appropriate bicycle seat. U.S. Patent No. 5,873,626. Issued Feb. 23, 1999.

Katz DL. Speed-control pole for in-line skates and skate boards. U.S. Patent No. 6,142,526. Issued Nov. 7, 2000.

Katz DL. Membrane-based air pressure regulation system. U.S. Patent No. 6,241,599. Issued June 5, 2001

Katz DL. Ergonomic lifting and transport harness. U.S. Patent No. 6,257,633. Issued July 10, 2001.

Katz DL. Dual Action Cerumen Extractor. Patent Application under preparation, Sept., 2001.

Katz DL. Clens-Clip Eyeglass Cleaner. Patent Application under preparation, Sept. 2001.

Katz DL. Contoured, child-safe nail clipper. Patent application queued, December, 1999.

Katz DL. Multi-use Winter sport boot for children. Patent application queued, December, 1999.

Katz DL. Video camera support sleeve (anatomical tripod). Patent application queued, December, 1999.

Katz DL. Cylindrical hammer. Patent application queued, October, 2000.

LANGUAGES:

Fluency in English, French and Hebrew.

PERSONAL:

Married: Catherine Sananes Katz, PhD; neuroscientist; homemaker Children: Rebecca (16); Corinda (15); Valerie (9); Natalia (8); Gabriel (5)

<u>Hobbies/Personal Interests</u>: carpentry; skiing; hiking; horseback riding; various sports; poetry/ creative writing; cooking; inventing

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